Let It Ride



拍数: 48 编数: 0 级数: Phrased Easy Intermediate

编舞者: Hana Ries (USA) - October 2024

音乐: LET IT RIDE - Niko Moon



Intro 16 counts. Start dancing on lyrics Sequence: A, B, B, Tag, A, B, B, B, A, B, B, B

(Read: R=right foot, L=left foot)

PART A (due to song phrasing, only facing 12:00 and 3:00)

POINTS TO SIDES, POINT-FLICK-POINT, HIP BUMP ROLL, STEP TOUCHES (12:00→12:00)

1&2& Point R to right, Step R next to L, Point L to left, Step L together

3&4 Point R to right, Flick R behind L, Point R to right5&6& Bump hips from left to right shifting weight from L to R

(Option: roll hips counterclockwise without bumping)

7&8& Step L to left, Touch R next to L, Step R to right, Touch L next to R

(Option: Snap or clap on "&" counts))

MODIFIED VINE, CROSS ROCK/RECOVER, CHASSE, MODIFIED JAZZ BOX (12:00→9:00)

1-2& Step L to left, Step R behind L, Step L to left

3-4 Cross rock R over L, Recover to L

5&6 Step R to right, Step L next to R, Step R to right

7&8 Cross L over R, Step R to right turning 1/4 left, Step L slightly forward

STEP-TOUCH-STEP-HOOK, STEP-LOCK-STEP, STEP-TOUCH-STEP-HOOK, STEP-LOCK-STEP (9:00→9:00)

1&2& Step R forward, Touch L right behind R, Step L back, Hook R over L

3&4 Step R forward, Lock L behind R, Step R forward

5&6& Step L forward, Touch R right behind L, Step R back, Hook L over R

7&8 Step L forward, Lock R behind L, Step L forward

KICK-STEP-POINT, KICK-STEP-POINT, KICK-STEP, KICK-STEP, KICK-BALL-STOMP (9:00→9:00)

1&2 Kick R forward, Step R next to L, Point L to left3&4 Kick L forward, Step L next to R, Point R to right

5&6& Low kick R forward, Step R next to L, Low kick L forward, Step L next to R

7&8 Kick R forward, Step on ball of R next to L, Stomp L next to R

(Option for the first 4 counts)

1&2& Kick R forward, Step R next to L, Rock L to left, Recover to R3&4& Kick L forward, Step L next to R, Rock R to right, Recover to L

PART B

ROCK SIDE/RECOVER, SWITCH, ROCK SIDE/RECOVER, SWITCH, CHASSE, TURN 1/4 LEFT, CHASSE

1-2& Rock R out to right side (=big step to the right side), Recover to L, Step ball of R next to L 3-4& Rock L out to left side (=big step to the left side), Recover to R, Step ball of L next to R

5&6 Step R to right, Step L next to R, Step R to right

7&8 Turn ¼ left and step L to left, Step R next to L, Step L to left

CROSS ROCKING CHAIR, CROSS ROCK/RECOVER, STEP SIDE, CROSS ROCKING CHAIR, CROSSING SHUFFLE

1&2&	Cross rock R over L.	Recover to L	. Rock R back.	Recover to L

3&4 Cross rock R over L, Recover to L, Step R to right

5&6& Cross rock L over R, Recover to R, Rock L back, Recover to R

7&8 Cross L over R, Step R slightly to right, Cross L over R

TAG

1-2 Step R to right, Stomp L next to R

ENDING

You will finish the dance facing 3:00. Turn 1/2 left stepping R slightly back, and strike a pose. ⁽³⁾