September Rain



拍数: 16 墙数: 2 级数: High Beginner

编舞者: Marie Pietersz (AUS) - September 2024 音乐: September In the Rain - Rod Stewart



(no tags or restarts)

AKA Candle in the Wind, Norma Jean (see step sheet on Copperknob) https://www.youtube.com/watch?v=80rHyABCb20

Start on vocals

S1 Long rock step to R and recover, long rock step to L and recover

1, 2 & Long R step to R side, rock L behind, recover on R3, 4 & Long L step to L side, rock R behind, recover on L

S2 Ronde chasse figure 8 with pivot

5, 6 & Cross R over L, Cross L behind R (12.00) make a 1/2 turn R by stepping R to 1/4 R (3.00) 7, 8 & Pivot L forward across R turning ½ R on ball of foot (12.00), Rock back on R, recover on L (12.00)

S3 Cross step diagonally R over L and recover, short weave to L and point R to side

9, 10 & Cross rock R over L, recover back on L, step R next to L

11 & 12 & Cross rock L over R, step R to R side, cross L behind R and point R to R

S3 Knee hitch with L with ½ turn to L and recover, knee hitch with R and recover

13, 14 & Step R in forward, hitch (or kick) L in front, recover L back while turning ½ L, bring R tog

15, 16 & Step L forward, hitch (or kick) R in front, recover on R and bring L together.

Styling Press hands palms facing down to sides at knee height when hitching/kicking

REPEAT AND ENJOY

I do not own the music

Contact: Email: mariepietersz@hotmail.com

Tel: 61 412 296 827