

Dandelions

拍数: 32 墙数: 4 级数: Improver
编舞者: Debbie Nishiki (USA) - November 2024
音乐: Dandelions - Ruth B. : (Album: Safe Haven)



Intro: 16 counts and begin dance with lyrics

*Many thanks to my friend Donna Cilloni for her suggestion with the ending!!

S1 (1-8) Samba R L, Sways (x4)

1 & 2 Cross R over L, rock ball of L to L, recover weight R (12:00)
3 & 4 Cross L over R, rock ball of R to R, recover weight L (12:00)
5 - 8 Sway to R, Sway to L, Sway to R, Sway to L (12:00)

S2 (9-16) Slide R, ¼ L, Slide R, ¼ L, Pivot ½ to L, Pivot ¼ to L

1 - 4 Slide R to R, Turn ¼ L step to L, Slide R to R, Turn ¼ step to L (6:00)
5 - 8 Step forward on R & pivot ½ T to L, Step forward on R & pivot ¼ T to L (9:00)

Tag: Wall 7

S3 (17-24) Side Rock R, Recover (&) Side Rock L, Recover (&) Step R forward Push, Recover (x2)

1,2 & Rock R to R, Recover L, Step R next to L (9:00)
3,4 & Rock L to L, Recover R, Step L next to R (9:00)
5-8 Step forward R while pushing hips forward, Recover L, pushing hips forward, Recover L (9:00)

S4 (25-32) Reverse Rocking Chair, Full turn R, Rock back, Recover

1-4 Rock back on R, Recover L, Rock forward on R, Recover L (9:00)
(when rocking back, look to R 12:00)
5,6 ½ Turn R on R, ½ turn R step back on L (9:00)
(Option: Instead of full turn, step back R L)
7,8 Rock back on R, Recover L (9:00)

(Start Over)

Tag: Sway R L (4cts) Happens on Wall 7 after 16 counts and Restart

Ending: Starts on Wall 9 (12:00), dance entire dance except on last 2 counts
(Rock back, Recover) instead make ¼ T on R and Step L next to R to face front at 12:00
cross arms with palms open and place over chest and bow head slightly and ta-da!!

Hope you like the dance and Enjoy y'all!!!