

I'm Alive Remix

COPPERKNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Improver
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音乐: I'M Alive & Power of Love by CELINE DION - Remix LABACK Feat LAURA



SECT I : DIAGONALLY – CROSS SHUFFLE (R – L) – PIVOT ½ TURN LEFT – FORWARD SHUFFLE

1 & 2 Step Rf diagonal forward, Step lock L behind R, Step R forward
3 & 4 Step Lf diagonal forward, Step lock R behind L, Step L Forward
5 – 6 Step Rf forward, ½ turn left, Step L forward
7 & 8 Step R forward, Step L behind R, Step R forward.

SECT II : BOTAFOGO (L – R) – CROSS SIDE – CROSS SHUFFLE

1 a 2 Cross Lf over R, Step ball Rf to R
3 a 4 Cross Rf over L, Step ball Lf to L
5 – 6 Cross Lf side Rf to R
7 & 8 ; Cross shuffle L- R - L

SECT III : SAMBA WISK (R – L) – PIVOT ½ TURN LEFT - WALK WALK

1 a 2 Step Rf to R Ball cross L behind R, Recover on R
3 a 4 Step Lf to L, Ball cross R behind L Recover on L
5 – 6 ; Step Rf forward, ½ turn left, Step L Forward
7 – 8 Step walk forward R - I

SECT IV : BOTAFOGO (R – L) – JAZZ BOX ¼ TURN RIGHT

1 a 2 Cross Rf over Lf, Step ball Lf to L
3 a 4 Cross Lf over Rf, Step ball Rf to R
5 - 6 Step Rf cross over Lf, Lf forward, ¼ turn right behind Rf
7 - 8 Rf beside Lf, Lf forward
