From The Start

拍数: 32 **墙数:** 4 **级数:** Improver
编舞者: Wiwik Katarina (INA) - November 2024
音乐: From The Start - Laufey

INTRO : 8 C - The dance starts on vocals
#NO TAG & NO RESTART

I. EXTENDED WEAVE, TOGETHER, ¼ DIAMOND WITH HITCH

1, &, 2, &	Cross R over L (1), L side (&), R behind (2), L side (&)
3, & , 4	Cross R over L (3), L side (&), R together angling your body diagonnaly R push your hip back (4)(facing 1:30)
5, & , 6	L fwd squaring to 12:00 (5), 1/8 L step R back (&)(facing 10:30), L back hitching R knee (6)
7, & , 8	R back (7), 1/8 L side (&)(facing 9:00), R slightly cross over L (8)

II. SIDE MAMBO (L R), FWD MAMBO , BACK MAMBO

1, & , 2	Rock L side (1), Recover on R (&), L together (2)
3, & , 4	Rock R side (3), Recover on L (&), R together (4)
5, & , 6	Rock L fwd (5), Recover on R (&), L back (6)
7, & , 8	Rock R back (7), Recover on L (&), R fwd (8)

III. CHASSE TURN, FULL TURN, SCISSOR (L R)

1, & , 2	L fwd (1), ½ R in place (&)(facing 3:00), L fwd (2)
3, & , 4	½ L step R back (3)(facing 9:00), ½ L fwd (&)(facing 3:00), R fwd (4)
5, & , 6	L side (5), R together (&), Cross L over R (6)
7, & , 8	R side (7), L together (&), Cross R over L (8)

IV. SWITCHED TOUCH (L R), HEELS SWITCH (L R), FWD, ½ PIVOT, SYNCOPATED V STEP WITH TOUCH

1, & , 2 , &	L Point to L (1), Step L beside R (&), R Point to R (2), Step R beside L (&)
3, & , 4 , &	Touch L heel fwd (3), Step L beside R (&), Touch R heel fwd (4), Step R beside L (&)
5, 6	L fwd (5), ½ R in place (6)(facing 9:00)
&, 7, & , 8	; L out (&), R out (7), L back to center (&), Touch R beside L (8)

#ENDING: AFTER 8 COUNT ON WALL 7 (3:00)
DO THIS :
I. SLOW ½ R PIVOT , SLOW ¼ R PIVOT

1 - 4	L fwd (1), Hold (2), ½ R in place (3) (facing 9:00), Hold (4)
5 - 8	L fwd (5), Hold (6), ¼ R in place (7) (facing 12:00), Hold (8)

II. (SLOW SWAY L R) 2X

1 - 4	Sway to L (1), Hold (2), Sway to R (3), Hold (4)
5 - 8	Do the same Slow Sway L R

Enjoy the dance

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