The Hurting Kind



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音乐: The Hurtin' Kind - Orville Peck & Midland: (iTunes)



#8 count intro

1-2&	Take big step to right on R, step ball of L next to R, step R across L
3&4	Turn ¼ to right stepping back on L, step R to right, step L across R (3:00)

5& Rock R to right, recover weight to L

6&7& Step R across L, step L to left, cross R behind L, step L to left

8& Rock R across L, recover weight to L

1/4 turn R onto R; 1/2 turn R back on L; 1/2 turning triple R; 1/4 R onto ball of L collecting R; cross-side LR; rock back-recover LR; side-together LR

1-2	Turn $\frac{1}{4}$ to right stepping fwd on R, turn $\frac{1}{2}$ to right, stepping back on L (12:00)
3&4	Turn ¼ to right stepping R to right, step L next to R, turn ¼ to right stepping R fwd (6:00)
&5	Turn ¼ to right stepping L to left on ball of foot, step R next to L angling body slightly to right (9:00)
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6&7& Step L across R, step R to right, rock L behind R, recover weight to R

8& Step L to left, step R next to L

Non-turning option for counts 2, 3&4: walk fwd on L (2), fwd triple RLR (3&4)

More challenging styling option for counts &5: instead of the step-collect up on balls of feet; step-collect down with feet close together and knees bent and then do a quick body roll upward

L step back with sweep, R behind-side-cross, L ¼ R-side-cross, R ¼ L-side-cross; L side-rock-recover-cross

1	Step L back sweeping R from front to back
2&3	Step R behind L, step L to left, step R across L
4&5	Turn ¼ to right stepping L to left, step R to right, step L across R (12:00)
6&7	Turn ¼ to left stepping back on R, step L to right, step R across L (9:00)
&8&	Rock L to left, recover weight to R, step L across R

R syncopated vine turning ¼ R; L ½ pivot turn; ball-step fwd with sweep; fwd rock-recover with sweep; L behind-side-cross

1-2&	Take big step R to right, step L behind R, turn ¼ right stepping R fwd
3-4	Step fwd on L and make ½ turn right onto R
&5	Quick step on ball of L, step fwd on R sweeping L
6-7	Rock L fwd, recover weight to R sweeping L from front to back
&8&	Step L behind R, step R to right, step L across R

TAG: 4-count tag after wall 2: R NC basic, L NC basic

1-2&	Take big step R to right, step ball of L next to R, step R across L
3-4&	Take big step L to left, step ball of R next to L, step L across R

Ending: dance ends facing front. Take first step of dance (R to right) and strike a pose! Enjoy!