

# Choose Joy

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Micaela Svensson Erlandsson (SWE) - October 2024  
音乐: Choose Joy - Parker Robinson



intro 16 counts - No Tags, No Restarts

## Section 1 Rocking Chair. Right Forward Shuffle. Left Forward Shuffle.

1-4            Rock forward on right. Recover onto left. Rock back on right. Recover onto left.  
5&6           Step forward on right. Close left beside right. Step forward on right.  
7&8           Step forward on left. Close right beside left. Step forward on left.

## Section 2 Rock Step. Shuffle ½ Turn back over right shoulder x2. Back Rock.

1-2            Rock forward on right. Recover onto left.  
3&4           Shuffle ½ turn over right shoulder stepping right, left, right.  
5&6           Shuffle ½ Turn over right shoulder stepping left, right, left.  
7-8            Rock back on right. Recover onto left.

**Easy Option: Replace the Shuffle Turns with right Shuffle back and left Shuffle back.**

## Section 3 Cross. Point. Cross. Point. Jazz Box ¼ Turn right. Cross.

1-2            Cross right over left. Point left toes to left side.  
3-4            Cross left over right. Point right toes to right side.  
5-8            Cross right over left. Step back on left. Turn ¼ right. Cross left over right.

## Section 4 Right Chasse. Back Rock. Left Chasse. Back Rock.

1&2            Step right to right side. Close left beside right. Step right to right side.  
3-4            Rock back on left. Recover onto right.  
5&6            Step left to left side. Close right beside left. Step left to left side.  
7-8            Rock back on right. Recover onto left.

Last Update: 5 Nov 2024

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