

Choose Joy

拍数: 32 墙数: 4 级数: Beginner
编舞者: Micaela Svensson Erlandsson (SWE) - October 2024
音乐: Choose Joy - Parker Robinson



intro 16 counts - No Tags, No Restarts

Section 1 Rocking Chair. Right Forward Shuffle. Left Forward Shuffle.

1-4 Rock forward on right. Recover onto left. Rock back on right. Recover onto left.
5&6 Step forward on right. Close left beside right. Step forward on right.
7&8 Step forward on left. Close right beside left. Step forward on left.

Section 2 Rock Step. Shuffle ½ Turn back over right shoulder x2. Back Rock.

1-2 Rock forward on right. Recover onto left.
3&4 Shuffle ½ turn over right shoulder stepping right, left, right.
5&6 Shuffle ½ Turn over right shoulder stepping left, right, left.
7-8 Rock back on right. Recover onto left.

Easy Option: Replace the Shuffle Turns with right Shuffle back and left Shuffle back.

Section 3 Cross. Point. Cross. Point. Jazz Box ¼ Turn right. Cross.

1-2 Cross right over left. Point left toes to left side.
3-4 Cross left over right. Point right toes to right side.
5-8 Cross right over left. Step back on left. Turn ¼ right. Cross left over right.

Section 4 Right Chasse. Back Rock. Left Chasse. Back Rock.

1&2 Step right to right side. Close left beside right. Step right to right side.
3-4 Rock back on left. Recover onto right.
5&6 Step left to left side. Close right beside left. Step left to left side.
7-8 Rock back on right. Recover onto left.

Last Update: 5 Nov 2024
