

Rainbow Waltz AB

COPPER KNOB
STEPSHETS

拍数: 24 墙数: 4 级数: Absolute Beginner
编舞者: Shanthie De Mel (AUS) - November 2024
音乐: Rainbow Connection - Ross Mitchell, His Band and Singers



Intro: 12 Counts. Begin on vocals. No Tags or Restarts. Left rotation.

Do your own styling.

(1-6) CROSS. TAP. KICK. SWEEP BACK CROSS. POINT. HOLD.

1, 2, 3 Cross R over L. Tap L toe to R. Kick L out to side.
4, 5, 6 Sweep L from front to back & cross L behind R. Point R to right side. Hold. (12:00)

(7-12) STEP/SWAY. HOLD. STEP/SWAY. HOLD.

1, 2, 3 Take a big step on R to right side with sway for 2 counts. Hold.
4, 5, 6 Take a big step on L to left side with sway for 2 counts. Hold. (12:00)

(13-18) WALTZ FORWARD. LIFT. WALTZ BACK. HITCH.

1, 2, 3 Step R forward. Slow lift L for 2 counts.
4, 5, 6 Step L back. Step R together. Hitch L. (12:00)

(19-24) WALTZ FORWARD. LIFT. TURN ¼ LEFT WALTZ BACK. SIDE. HOLD.

1, 2, 3 Step L forward. Slow lift R for two counts.
4, 5, 6 Turning ¼ left step R back. Step L to left side. Hold. (9:00)

Begin rotation again. Smile! Enj
