

# M&M III Perfidia Tango

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BY STEPHENETS

拍数: 32                      墙数: 1                      级数:  
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音乐: Perfidia - Mantovani



**Note:** Music & Motion series III are for seniors using cane but would like to try without it & move on a slow routine, at least during the length of the music. Developed with the help & in memory of Mary Ann Notz (1934-2024)

**Caveat:** Please have a chair on the side readily available if dancer needs to hold for stability.

## **Set 1 Forward walk on 2 count, walk on 2 count, step, together, side, hold (SSQQS)**

1-2-3-4                      Forward L – hold - forward R - hold  
5-6-7-8                      Forward L - side R - touch L next to R - hold

## **Set 2 Walk back, walk back, coaster, hold**

1-2-3-4                      Back L- hold - back R - hold  
5-6-7-8                      Back L - together R - forward L - hold

## **Set 3 Crossing rock steps right and left**

1-2-3-4                      Cross R - recover L - cross R - hold  
5-6-7-8                      Cross L - recover R - cross L - hold

## **Set 4 Cross, side, back, back, back, leaning back hold with “corte” arm-stretch**

1-2-3-4                      Cross R - side L - back R - hold  
5-6-7-8                      Back L - back R - lean back diagonal with forward L arm & R arm-stretch back-hold

**START ALL OVER**

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