

Country Is for Me

拍数: 32 墙数: 4 级数: High Improver
编舞者: Chrystel DURAND (FR), Kate Sala (UK), Arnaud Marraffa (FR) & Guillaume Richard (FR) - November 2024
音乐: COUNTRY IS FOR ME - James Johnston & Appel



Intro: 16 counts

Restart: During wall 4, do the first 16 counts of the dance, and restart facing 9:00

Tag: At the end of wall 7, add the next counts :

1-6 Cross RF over LF (1), Unwind with a full turn L (2-6)
1-8 Rise R hand to R diagonal with straight arm (1-4), Rise L hand to L diagonal with straight arm (5-8)
1-8 Reach dancers' hands next to you and take a bow (1-4), Come back up all together (5-8)
1-4 Cross RF over LF (1), Step LF back (2), Step RF to R (3), Step LF next to RF (4)

[1 – 8] Brush, Hook, R Diagonal Shuffle, Cross Rock, Side Rock

1-2 Brush RF fwd in R diagonal (1), Brush RF into a hook over L leg (2) 12:00
3&4 Step RF fwd in R diagonal (3), Step LF next to RF (&), Step RF fwd in R diagonal (4) 12:00
5-6 Cross Rock LF over RF (5), Recover on RF (6) 12:00
7-8 Rock LF to L (7), Recover on RF (8) 12:00

[9 – 16] Back Rock x2, Step ½ Pivot, Kick Ball Change

1-2& Cross Rock LF behind RF (1), Recover on RF (2), Step LF to L (&) 12:00
3-4 Cross Rock RF behind LF (3), Recover on LF (4) 12:00
5-6 Step RF fwd (5), Make ½ turn L stepping on LF (6) 6:00
7&8 Kick RF fwd (7), Step down on RF next to LF (&), Step LF fwd (8) 6:00

[17 – 24] Rock Step, Triple Full Turn, Rock Step, ¼ turn Step & Point, Clap x2

1-2 Step RF fwd (1), Recover on LF (2) 6:00
3&4 Make ½ turn R stepping on RF (3), Step LF next to RF (&), Make ½ turn R stepping on RF (4)

Easy option : Coaster Step instead of the triple full turn 6:00

5-6 Step LF fwd (5), Recover on RF (6) 6:00
&7&8 Make ¼ turn L stepping LF to L (&), Point R to R (7), Clap your hands x2 (&8) 3:00

[25 – 32] Point Fwd, Point Side, Sailor Step, Touch, ½ turn Unwind

1-2 Point R fwd (1), Point R to R (2) 3:00
&3&4 Step RF next to LF (&), Point L to L (3), Step LF next to RF (&), Point R to R (4) 3:00
5&6 Cross RF behind LF (5), Step LF to L (&), Step RF to R (6) 3:00
7-8 Touch L toes behind RF (7), Unwind ½ turn L stepping on LF (8) 9:00