

Mi a Mi a Mi Amor

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Titi Kasese (INA) - October 2024
音乐: Mi Amor (with JVKE & Anitta) - Sam Feldt, JVKE & Anitta



***NO TAG, NO RESTART**

S1. TOUCH FORWARD, TOUCH SIDE , BOTAFOGO R/L, PADLE 1/4 TURN TO LEFT

1-2-3a4. R touch forward, R touch side, R cross over L, L rock side behind, R ball in place
5a6. L cross over R, R rock to side ,L ball in place
7-8. R forward 1/4 turn to left, weight on L (face to 09:00)

S2. DOROTHY STEP R/L, ROCK FORWARD, 1/2 TURN TO RIGHT COASTER STEP

1-2&. Step R Diagonally Forward(1), Lock L Behind(2), Step R Diagonally Forward(&)
3- 4&. Step L Diagonally Forward(3), Lock R Behind(4), Step L Diagonally Forward(&)
5-6-7&8. Rock R forward, recover weight on L, 1/2 turn to right, R behind, L back beside R, R forward
(face to 03:00)

S3. CROSS RECOVER, CROSS SHUFLE, 1/2 TURN CROSS RECOVER, CROSS SHUFFLE

1-2-3&4. Cross L over R, recover weight on R, Cross L over R, R side to right behind L, Cross L over R
5-6-7&8. 1/2 turn to right, R cross over L, recover weight on L, R cross over L, L side to left behind R,
R cross over L (face to 9:00)

S4. 1/4 TURN TO LEFT SAMBA WHISK, 1/4 TURN TO RIGHT SAMBA WHISK, ROCK FORWARD RECOVER, COASTER STEP

1a2. 1/4 to left, step L to side - Rock R back - Recover on L (face to 6:00)
3a4. 1/4 turn to left, Step R to side - Rock L back - Recover on R (face to 9:00)
5-6-7&8. L rock forward, recover weight on R, L back, R back beside R, L forward

LET'S DANCE & BE HAPPY □□□□□□

Last Update: 31 Oct 2024