

# Omar Girlfriend

COPPERKNOB  
STEPSHEETS

拍数: 48      墙数: 2      级数: Improver  
编舞者: Herman Baso (INA) - October 2024  
音乐: Girlfriend - Omar Rudberg



## Note:

- Intro (16C)
- 1x Tag (4C after wall 2)

## S1# FWD - FLICK - BACK - KICK - LOOK BACK - SYNCHOPATED FWD LOCK SHUFFLE - BOTH KNEE POP UP

- 1&2&      step RF fwd, LF flick, step LF back, kick RF fwd
- 3, 4      step RF back, look back over R
- 5&6&      step LF fwd, lock RF behind LF, step RF fwd, lock RF behind LF
- 7&8      step LF fwd, both foot on toes to make both knees pop out, drop both heels

## S2# 3/4 L SQUARE TURN - CUBAN BREAK (R - L)

- 1&2&      step RF to side, close touch LF next to RF, 1/4 L step LF to side, close touch RF next to LF
- 3&4      1/4 L step RF to side, close touch RF next to LF, 1/4 L step LF to side
- 5&6      cross RF over LF, recover on LF, step RF to side
- 7&8      cross LF over RF, recover on RF, step LF to side

## S3# 1/4 L PIVOT - CROSS SHUFFLE - 1/4 R BACK - 1/4 R SIDE - CROSS SHUFFLE

- 1, 2      step RF fwd, 1/4 L recover on LF
- 3&4      cross RF over LF, step LF to side, cross RF over LF
- 5, 6      1/4 R step LF back, 1/4 R step RF to side
- 7&8      cross LF over RF, step RF to side, cross LF over RF

## S4# SIDE - RECOVER - BEHIND SIDE CROSS - FWD DIAGONAL - RECOVER WITH KICK - BEHIND SIDE CROSS

- 1, 2      step RF to side, recover on LF
- 3&4      cross RF behind LF, step LF to side, cross RF over LF
- 5, 6      step LF diagonally fwd, recover on RF with LF kick fwd
- 7&8      cross LF behind RF, step RF to side, cross over LF

## S5# 1/2 L PIVOT - FWD LOCK SHUFFLE - 1/2 R PIVOT - FWD LOCK SHUFFLE

- 1, 2      step RF fwd, 1/2 L recover on LF
- 3&4      step RF fwd, lock LF behind RF, step RF fwd
- 5, 6      step LF fwd, 1/2 R recover on RF
- 7&8      step LF fwd, lock RF behind LF, step LF fwd

## S6# V STEP - 1/2 L PIVOT - 1/2 L PIVOT

- 1, 2      step RF diagonally fwd, step LF diagonally fwd
- 3, 4      step RF back to center, close LF next to RF
- 5, 6      step RF fwd, 1/2 L recover on LF
- 7, 8      step RF fwd, 1/2 L recover on LF

## TAG (4C AFTER WALL 2)

### T1# SIDE - HIP ROLL (CLOCKWISE) WITH CLOSE TOUCH

- 1 - 4      step RF to side, make hip roll out from right, back, and change weight to LF with Rf close touch next to LF

## REPEAT

**HAPPY DANCING**

**Lets Get Sweaty, healthy and happy!!!**

**Best Regards,**

**Herman Baso**

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