

Disco Linedance

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Maria Nix (DE) - October 2024
音乐: Brother Louie '98 - Modern Talking
或: Cause You Are Young - C.C. Catch
或: One Way Ticket - Eruption
或: You're My Heart, You're My Soul - Taner Ozturk



S1: R-side rock (1-2), cross shuffle (3&4), L-side rock (5-6), cross shuffle (7&8)

1-2 RF step right with weight and lift LF slightly (1), put weight back on LF (2)
3&4 cross RF over LF (3) close LF behind RF (&), cross RF over LF (4)
5-6 LF step left with weight and lift RF slightly (5), put weight back on RF(6)
7&8 cross LF over RF (7), close RF behind LF (&), cross LF over RF (8)

S2: R-chasse (1&2), L-back rock (3-4), L chasse (5&6), R-back rock (7-8)

1&2 RF step right (1), close LF (&), RF step right
3-4 LF step back with weight and lift RF slightly (3), put weight back on RF(4)
5&6 LF step left (5), close RF (&), LF step left (6)
7-8 RF step back with weight and lift LF slightly (7), put weight back on LF (8)

S3: R-shuffle forward (1&2), L-rock step (3-4), L-shuffle back (5&6), R-back rock (7-8)

1&2 RF step forward (1), close LF (&), RF step forward (2)
3-4 LF step forward with weight and lift RF slightly (3), put weight back on RF (4)
5&6 LF step back (5), close RF (&), LF step back (6)
7-8 RF step back with weight and lift LF slightly (7) put weight back on LF (8)

S4: R-kick ball, cross (2x) (1&2, 3&4), R-jazz box ¼ turn facing 3 o'clock (5-6-7-8)

1&2 RF kick forward (1), set RF back onto ball (&), cross LF over RF (2)
3&4 RF kick forward (3), set RF back onto ball (&), cross LF over RF (4)
5-6 cross RF over LF (5), close LF behind RF (6),
7-8 RF step right with ¼ turn facing 3 o'clock (7), close LF (8)
