

拍数: 36 墙数: 4 级数: Low Improver
编舞者: Fabian Müller (CH) - October 2024
音乐: Help Pour Out the Rain (Lacey's Song) - Buddy Jewell

****2 Restarts, 1 Bridge (Break)****Sect 1 GRAPEVINE, STOMP UP, HEEL, TOGETHER, HEEL, TOGETHER**

1 – 2 Side step L – Cross R behind L
3 – 4 Side step L – Stomp up R next to L
5 – 6 Heel forward R – Step R next to L
7 – 8 Heel forward L – Step L next to R

Sect 2 SLIDE, TOUCH 2X, SLIDE, TOUCH 2X

1 – 2 Big step R to right – Slide L towards R

Break in wall 13! Wait until the music starts again and continue with Sect 2 count 5 (Slide left)

3 – 4 Touch L crossed behind R – Touch L crossed behind R
5 – 6 Big step L to left – Slide R toward L
7 – 8 Touch R crossed behind L – Touch R crossed behind L

Sect 3 GRAPEVINE, SCUFF, VAUDEVILLE, TOUCH

1 – 2 Side Step R – Cross L behind R
3 – 4 Side Step R – Scuff L next to R
5 – 6 Cross L in front of R – Step to side R
7 – 8 Heel L diagonal forward to left – Touch L next to R

Sect 4 KICK, STOMP UP, HEEL FAN, ROCK, RECOVER, ¼ TURN BACK ROCK, RECOVER

1 – 2 Kick forward L – Stomp up slightly forward L
3 – 4 Swivel L heel to left – Swivel L heel back to center

Restart in 5th and 10th wall

5 – 6 Rock forward L – Recover on R
7 – 8 ¼ Turn over left shoulder and rock back L (09:00) - Recover on R

Sect 5 HEEL, TOGETHER, HEEL, TOGETHER

1 – 2 Heel forward L – Step L next to R
3 – 4 Heel forward R – Step R next to L

Last Update: 29 Oct 2024