

# 5 Foot 9

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Lauriane Casteleyn (FR) - 26 October 2024  
音乐: 5 Foot 9 - Tyler Hubbard



Intro : 16 counts

**[1 – 8] SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE CROSS**

1 – 2                      RF to the R, Recover on LF  
3 & 4                      Cross RF Over LF, LF to the L, Cross RF Over LF  
5 – 6                      LF to the L, Recover On RF  
7 & 8                      Cross LF Behind RF, RF to the R, Cross LF Over RF

**Here - Restart 5th Wall (Facing 12:00)**

**[9 – 16] ROCK STEP, TRIPLE FULL TURN R, ROCK STEP, TRIPLE FULL TURN L**

1 – 2                      RF Fwd, Recover on LF  
3 & 4                      Triple Step R-L-R with Full Turn R in place  
5 – 6                      LF Fwd, Recover on RF  
7 & 8                      Triple Step L-R-L with Full Turn L in place

**Option «Triple Full Turn » 3&4 7&8 : Coaster step**

**[17–24] SIDE SHUFFLE, ¼ TURN L SIDE SHUFFLE, KICK BALL POINT, KICK BALL POINT**

1 & 2                      RF to the R, Together, RF to the R  
3 & 4                      ¼ Turn L – LF to the L, Together, LF to the L 9:00  
5 & 6                      Kick RF Fwd, Ball R next to LF, Point L to the L  
7 & 8                      Kick LF Fwd, Ball L next to RF, Point R to the R

**[25–32] SAILOR STEP (R-L) , ROCK STEP , ½ TURN R, WALK R - L**

1 & 2                      Cross RF Behind LF, LF to the L, RF to the R  
3 & 4                      Cross LF Behind RF, RF to the R, LF to the L  
5 – 6                      RF Fwd, Recover on LF  
7 – 8                      ½ Turn R – RF Fwd, LF Fwd 3:00

**Dance & Have Fun !!!**

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