

拍数: 64 墙数: 0 级数: Phrased Improver
 编舞者: Adila Lasta (INA), Yulika Pramudita (INA), Aila Calysta (INA) & Icha Yulfariza (INA) - October 2024
 音乐: APT. - ROSÉ & Bruno Mars



Sequences : A BB A BB A Tag BBB* AA

A (32 Count)

S1. SWITCHES WEIGHT WITH KNEE POP

- 1 – 2 Step R to Side as you Pop L Knee in towards R, Recover on L as you Pop R Knee in towards L
- 3 – 4 Recover on R as you Pop L Knee in towards R, twice
- 5 – 6 Recover on L as you Pop R Knee in towards L, Recover on R as you Pop L Knee in towards R
- 7 – 8 Recover on L as you Pop R Knee in towards L, Twice

S2. JAZZBOX – OUT OUT – HIP BUMP (R,L)

- 1 – 2 Cross R Over L, Step L Back
- 3 – 4 Step R to Side, Cross L Over R
- &5-6 Step R to Side, Step L to Side, Hold
- 7 – 8 Bump Hips to R, L

S3. FORWARD, SIDE TOUCH (R,L) – BACK, FORWARD TOUCH (R,L)

- 1 – 2 Step R Forward, Touch L to Side
- 3 – 4 Step L Forward, Touch R to Side
- 5 – 6 Step R Back, Touch L Forward
- 7 – 8 Step L Back, Touch R Forward

S4. DIAGONAL FORWARD – TOUCH – DIAGONAL BACKWARD – TOUCH – SLIDE – BOUNCE KNEE TWICE WITH CHEST ACCENT

- 1 – 2 Step R to Right Diagonal Forward, Touch L Next to R
- 3 – 4 Step L to Left Diagonal Backward, Touch R Next to L
- 5 – 6 Step Big R to Side, Drag L Next to R
- 7 – 8 Bounce Knee Twice With Chest Accent

B (32 COUNT)

S1. DOUBLE KICK DIAGONAL – BEHIND SIDE CROSS (X2)

- 1 – 2 Kick R Point to Right Diagonal Forward, Twice
- 3&4 Cross R Behind L, Step L to Side, Cross R Over L
- 5 – 6 Kick L Point to Left Diagonal Forward, Twice
- 7&8 Cross L Behind R, Step R to Side, Cross L Over R

S2. SLOW BOOGIE WALK – BOOGIE WALK

- 1 – 2 Skate R, Hold
- 3 – 4 Skate L, Hold
- 5-6-7-8 Skate R L R L

S3. ROCK FORWARD – RECOVER – ¼ TURN RIGHT & CHASSE – SLIDE – POINT

- 1 – 2 Rock R Forward, Recover on L
- 3&4 Turn ¼ Right & Step R to Side, Step L Next to R, Step R to Side (03:00)
- &5-6 Step L Next to R, Step A Big Step R to Side, Drag L Next to R
- &7-8 Drop L beside R, Point R to Side, Hold

S4. FORWARD POINT, CLOSE (R,L) – WALK ¼ TURN RIGHT

- 1 – 2 Point R toe Forward, Close R beside L
- 3 – 4 Point L toe Forward, Close L beside R
- 5-6-7-8 Walk around R L R L Turn ¼ Right (06:00)

B**Doing part B With change Step

S4 count 5-6-7-8 Walk around Turn ¾ Right Facing 12:00

TAG (16 COUNT)

S1. SIDE, TOUCH BESIDE (R,L,R,L) WITH CLAP HANDS

- 1 – 2 Step R to Side, Touch L Next to R & Clap Hands to Right Up
- 3 – 4 Step L to Side, Touch R Next to L & Clap Hands to Left Up
- 5 – 6 Step R to Side, Touch L Next to R & Clap Hands to Right Down
- 7 – 8 Step L to Side, Touch R Next to L & Clap Hands to Left Down

S2. WALK AROUND – BEND KNEES TWICE

- 1 – 6 Walk around to Right R L R L R L (12:00)
 - 7 – 8 Bend Knees Twice With styling Play a Guitar
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