1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4

&5-6

7 - 8

1 - 2

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5 - 6

7 - 8

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3 - 4

1 - 2

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&7-8



拍数: 64 墙数: 0 级数: Phrased Improver 编舞者: Adila Lasta (INA), Yulika Pramudita (INA), Aila Calysta (INA) & Icha Yulfariza (INA) - October 2024 音乐: APT. - ROSÉ & Bruno Mars Sequences: A BB A BB A Tag BBB* AA *A (32 Count)* *S1. SWITCHES WEIGHT WITH KNEE POP* Step R to Side as you Pop L Knee in towards R, Recover on L as you Pop R Knee in towards Recover on R as you Pop L Knee in towards R, twice Recover on L as you Pop R Knee in towards L, Recover on R as you Pop L Knee in towards R Recover on L as you Pop R Knee in towards L, Twice *S2. JAZZBOX - OUT OUT - HIP BUMP (R,L)* Cross R Over L, Step L Back Step R to Side, Cross L Over R Step R to Side, Step L to Side, Hold Bump Hips to R, L *S3. FORWARD, SIDE TOUCH (R,L) - BACK, FORWARD TOUCH (R,L)* Step R Forward, Touch L to Side Step L Forward, Touch R to Side Step R Back, Touch L Forward Step L Back, Touch R Forward *S4. DIAGONAL FORWARD - TOUCH - DIAGONAL BACKWARD - TOUCH - SLIDE - BOUNCE KNEE TWICE WITH CHEST ACCENT* Step R to Right Diagonal Forward, Touch L Next to R Step L to Left Diagonal Backward, Touch R Next to L Step Big R to Side, Drag L Next to R Bounce Knee Twice With Chest Accent *B (32 COUNT)* *S1. DOUBLE KICK DIAGONAL - BEHIND SIDE CROSS (X2)* Kick R Point to Right Diagonal Forward, Twice Cross R Behind L, Step L to Side, Cross R Over L Kick L Point to Left Diagonal Forward, Twice Cross L Behind R, Step R to Side, Cross L Over R *S2. SLOW BOOGIE WALK - BOOGIE WALK* Skate R, Hold Skate L, Hold 5-6-7-8 Skate R L R L *S3. ROCK FORWARD - RECOVER - 1/4 TURN RIGHT & CHASSE - SLIDE - POINT* Rock R Forward, Recover on L Turn 1/4 Right & Step R to Side, Step L Next to R, Step R to Side (03:00)

Step L Next to R, Step A Big Step R to Side, Drag L Next to R

Drop L beside R, Point R to Side, Hold

S4. FORWARD POINT, CLOSE (R,L) - WALK 1/4 TURN RIGHT

1 - 2 Point R toe Forward, Close R beside L
3 - 4 Point L toe Forward, Close L beside R
5-6-7-8 Walk around R L R L Turn ¼ Right (06:00)

*B**Doing part B With change Step*

S4 count 5-6-7-8 Walk around Turn 3/4 Right Facing 12:00

TAG (16 COUNT)

S1. SIDE, TOUCH BESIDE (R,L,R,L) WITH CLAP HANDS

1 - 2
Step R to Side, Touch L Next to R & Clap Hands to Right Up
3 - 4
Step L to Side, Touch R Next to L & Clap Hands to Left Up
5 - 6
Step R to Side, Touch L Next to R & Clap Hands to Right Down
7 - 8
Step L to Side, Touch R Next to L & Clap Hands to Left Down

S2. WALK AROUND - BEND KNEES TWICE

1 – 6 Walk around to Right R L R L R L (12:00)
7 – 8 Bend Knees Twice With styling Play a Guitar

Last Update - 27 Oct. 2024 - R1