Must Be Illegal



音乐: Criminals - Meghan Trainor



Intro: 16 count intro from start of music. Start with weight on L foot Sequence: A B B (16 counts) A B B (32 counts) A B B

Part A Blue Lights, Red Lights

[1 - 8] V-Step, Paddle Turn L x2

1 - 4 Step R into R diagonal (1), Step L into L diagonal (2), Step R back to centre (3), Close L next to R (4) 12:00

5 - 8 Step R forward (5), ¼ Turn L onto L (6), Step R forward (7), ¼ Turn L onto L (8) 6:00 Fun styling: Point R index finger up into R diagonal (1), Point L index finger up into L diagonal (2), R hand down to R hip (3), L hand down to L hip (4), Lasso both arms counter-clockwise on paddle turns (5-8)

[9 - 16] V-Step, ½ Pivot L, Full Turn L

6:00

1 - 4 Step R into R diagonal (1), Step L into L diagonal (2), Step R back to centre (3), Close L next to R (4) 6:00

5 - 6 Step R forward (5), ½ Turn L onto L (6 12:00

7 - 8 ½ Turn L step back on R (7), ½ Turn L step forward on L (8) 12:00

Fun styling: Point R index finger up into R diagonal (1), Point L index finger up into L diagonal (2), R hand down to R hip (3), L hand down to L hip (4) 6:00

Part B Funky

7&8

[1 - 8] R Point, R Forward, L Side Mambo Cross with Sweep, Cross, Side, L Heel Swivel, Ball Cross, Unwind

1&2&	Point R to R side (1), Step R forward (&) Rock L to L side (2), Recover on R (&) 12:00
3 - 4	Cross L over R while sweeping R from back to front (3), Finish sweep crossing R over L (4)
	12:00
5&6	Step L to L side (5), Swivel both heels L (&), Swivel both heels back to centre (6) 12:00
&7 - 8	Close L next to R (&), Cross R over L (7), Unwind ½ turn L (8) Weight finished on L 6:00

[9 - 16] Bend & Look, Hitch Together, Push with Drag, Botafogo RL

1 - 2	Bend both knees while looking over L shoulder (1), Straighten both legs recovering weight on L (2) 6:00
3&4	Hitch R knee (3), Close R next to L (&), Push off R while making a big step L to L side and
	dragging R (4) 6:00
5&6	Cross R over L (5), Rock L to L side (&), Step R into R diagonal and look over R shoulder (6)

Cross L over R (7), Rock R to R side (&), 1/8 Turn L Step L forward (8) 4:30

[17 - 24] R forward, ½ Turn R Step Back L, Back R, L Back Mambo, R Drag to Hitch, Walk RL

1&2	Step R forward (1), ½ Turn R step L back (&), Step R back (2) 10:30
3&4	Rock L back (3), Recover on R (&), Step L forward (4) 10:30
5 - 6	Point R to R side and start to drag towards L, Place R hand down R leg and start sliding up leg (5), Hitch R (6) 10:30
7 - 8	Walk R (7), Walk L (8) 10:30

[25 - 32] Cross Rock, Recover, Triple 11/4 Turn R, 1/2 Pivot R, 1/4 Turn R Drag with Touch

1 - 2 Cross rock R over L (1), Recover on L (2) 10:30

3&4 ¼ Turn R Step R forward (3), ½ Turn R step L back (&), ½ Turn R step R forward (4) 3:00

5 - 6 Step L forward (5), ½ Turn R onto R (6) 9:00

7 - 8 ¼ Turn R big step L to L side while dragging R (7), Touch R next to L (8) 12:00

Easy Option: R Side Triple with 1/4 Turn R

3&4 Step R to R side (3), Close L next to R (&), 1/4 Turn R Step R forward (4) 3:00

[33 - 40] R Side, L Touch Behind, L Side, R Touch Behind, Rondé Ball Change, Down & Up

1 - 4 Step R to R side (1), Cross touch L behind R (2), Step L to L side (3), Cross touch R behind L

(4) 12:00

5&6 Rondé R from front to back (5), Step R in place (&), Step L slightly forward (6) 12:00

7 - 8 Bend both knees to sit. Raise R hand up to mouth (7). Recover to standing Raise L hand up

to mouth (8)

Weight finished forward on L 12:00

Fun styling: Point R index finger across body to L side (1), Point R index finger to R side (2) Point L index finger across body to R side (3), Point L index finger to R side (4) 12:00

[41 - 48] Syncopated Side Touch RL, Chasé R, ½ Box Turn L, Back Rock with Hitch, Ball Change

1&2& Step R to R side (1), Touch L next to R (&), Step L to L side (2), Touch R next to L (&) 12:00

7&8 Rock L back and hitch R knee (7), Recover on R (&), Step L forward (8) 9:00

Fun styling: Raise fists infront of face and look in direction of travel RLR (1-4) 6:00

Ending Dance will finish after 16 counts of Part B facing 6:00. On last botafogo look over L shoulder towards 12:00 6:00

START AGAIN AND HAVE FUNNNN DARE TO BE UNIQUE

Last Update - 26 Oct. 2024 - R1