

拍数: 96 墙数: 4
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 音乐: APT. - ROSÉ & Bruno Mars

级数: Phrased High Improver



*1 Restart (3W after 48c)

Seq: ABC ABC AB restart ABC AB

Start : after game start!!

A: kick weave(R-L-R),hip bump, buggy step(R-L-R-L) , 1/4 paddle turn 2time(6:00) cross rock-recover-side(R, L), RF fwd rock-recover L back triple, (R ½-R½) RF-LF, R back rock-recover, R fwd triple

[1-8]

- 1 RF kick(back diagonal)
- 2 RF back,
- 3 LF side,
- 4 RF cross over LF,
- 5 LF kick(back diagonal)
- 6 LF back,
- 7 RF side,
- 8 LF cross over RF

[9~16]

- 1 RF kick,(back diagonal)
- 2 RF back,
- 3 LF side,
- 4 RF cross over LF
- 5 LF tap left side weight on R hip
- 6 hold
- & weight move on left side
- 7 hip bump
- & weight move on LF
- 8 hip bump
- & weight move on LF

[17~24]

- 1 RF forward, with swivel
- 2 LF forward, with swivel
- 3 RF forward, with swivel
- 4 LF forward with swivel
- 5 RF forward
- 6 1/4 turn to left(weight move on LF)
- 7 RF forward
- 8 1/4 turn to left(weight move on LF)

[25~32]

- 1 RF cross rock , 2 LF recover
- 3 RF side to right
- 4 LF cross rock
- 5 RF recover
- 6 LF side to left

7 RF cross rock
8 LF recover

B

back triple chasse 2times 1/2 turn right 2time (6:00) back rock, recover forward triple chasse 2time, 1/2 turn right 2time (6:00) forward rock, recover kick ballchange 2times buggy step(R-L-R-L) fwd rock recover 1/2triple chasse turn to right 2times(6:00) backrock, recover
[33~40]

1 RF backward
& LF next to RF
2 RF backward
3 LF backwaed
& RF next to LF
4 LF backward
5 RF backward 1/2 turn right (12:00)
6 LF Forward 1/2 turn right (6:00)
7 RF backrock
8 LF recover

[41~48]

1 RF forward
& LF next to RF
2 RF forward
3 LF forward
& RF next to LF
4 LF forward
5 RF Forward 1/2 turn right (12:00)
6 LF backward 1/2 turn right (6:00)
7 RF forward rock
8 LF recover

[49~56]

1 RF kick front
& RF next to LF
2 LF in place
3 RF kick front
& RF next to LF
4 LF in place
5 RF forward swivel
6 LF forward swivel
7 RF forward swivel
8 LF forward swivel

[57~64]

1 RF forward rock
2 LF recover
3 RF 1/4 turn to right(9:00)
& LF next to right
4 RF 1/4 turn to right(12:00)
5 LF 1/4 turn to right(3:00)
& RF next to right
6 LF 1/4 turn to right(6:00)
7 RF back rock
8 LF recover

C

twist(R,L) 1/4 turn left twist(R,L) backrock recover, triple chasse (R,L) backrock recocer, stomp(R,L) swivet (R,L)

[65~72]

- 1 twist hill to right (RF,LF together)
- 2 twist toe to right (RF,LF together)
- 3 twist hill to right (RF,LF together)
- 4 hold
- 5 twist hill to left (RF,LF together)
- 6 twist toe to left (RF,LF together)
- 7 twist hill to left (RF,LF together)
- 8 hold

[73~80]

- 1 1/4 turn (3:00)twist hill to right (RF,LF together)
- 2 twist toe to right (RF,LF together)
- 3 twist hill to right (RF,LF together)
- 4 hold
- 5 twist hill to left (RF,LF together)
- 6 twist toe to left (RF,LF together)
- 7 twist hill to left (RF,LF together)
- 8 hold

[81~88]

- 1 RF back rock
- 2 LF recover(step in place /weight on LF)
- 3 RF side to right
- & LF next to RF
- 4 RF side to right
- 5 LF back rock
- 6 RF recover(step in place /weight on RF)
- 7 LF side to right
- & RF next to RF
- 7 LF side to right

[89~96]

- 1 RF back rock
 - 2 LF recover(step in place /weight on LF)
 - 3 RF stomp side to right
 - 4 LF stomp in place
 - 5 swivet together (RF hill /LF ball)
 - 6 step together in place
 - 7 swivet together (LF hill /RF ball)
 - 8 step together in place
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