# **AB** Annemarie



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Charlotte Steele (SA) - October 2024

音乐: Annemarie - BZN



Intro: 32 counts. Start on vocals. No Tags or Restarts. \*\*1 or 4 walls.

#### Sec.1 Rumba Box

1-2	Step R to right side, step L next to R
3-4	Step R forward, touch L next to R
5-6	Step L to left side, step R next to L
7-8	Step L back, touch R next to L (12:00)

### Sec.2 Chasse Right. L Back Rock-Recover. Chasse Left. R Back Rock-Recover.

1&2	Step R to right side, step L next to R, step R to right side
3-4	Rock/step back on L, recover forward onto R (weight to R)
5&6	Step L to left side, step R next to L, step L to left side

7-8 Rock/step back on R, recover forward onto L (weight to L) (12:00)

# Sec.3 R-L Diagonal Step-Lock-Step. Rocking Chair.

1&2	Step R forward to right diagonal, lock L behind R, step R forward
3&4	Step L forward to left diagonal, lock R behind L, step L forward
5-6	Rock/step forward on R, recover back onto L
7-8	Rock/step back on R, recover forward onto R (12:00)

## Sec.4 R-L Toe Struts, Jazz Box 1/4 Turn Right, (\*\*No turn, one wall option - see below)

Sec.4 R-L Toe Struts. Jazz Box 1/4 Turn Right. (""No turn, one wall option - see below)		
1-2	Touch R toes forward, drop R heel down	
3-4	Touch L toes forward, drop L heel down (12:00)	
5-6	Cross step R over L, step L back	
7-8	Pivot 1/4 right on ball of L and step R to right side, step L slightly forward (3:00)	

#### Start Again

\*\*OPTION: Instructors could start off teaching this dance as a 1-WALL DANCE by eliminating the 1/4 turn in the Jazz Box in Sec.4.

Once the class feels confident, add in the 1/4 turn to make it a 4-wall dance.

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