

Pretty Little Poison

COPPER KNOB
BY STEPHEN HETS

拍数: 48 墙数: 2 级数: Advanced waltz
编舞者: Hayley Wheatley (UK) & Ella Wheatley (UK) - October 2024
音乐: Pretty Little Poison - Warren Zeiders



Intro : 12 counts

Restart: On Wall 3 after 24 Counts

[1-6] 1/8 TURN L STOMP L, 1/2 TURN L, TOGETHER, STEP R, FULL TURN

123 Stomp LF forward (1), 1/2 turn L stepping RF (2), Close LF next to RF (3) 04:30
456 Step RF forward 1/8 turn (4), 1/2 turn R, step LF back (5), 1/2 turn R, step RF forward (6) 06:00

[7-12] STEP FORWARD, 1/2 TURN R, TWINKLE 1/4 TURN L

123 Step fwd on LF (1), Make 1/2 turn R, leaning back onto LF, Stretching R leg and pointing R toe to 12:00 (2), Continue turn over count 3 taking weight onto RF (3) 12:00
456 Cross LF fwd over RF (4), Step RF to R side making 1/4 turn L (5), Step LF to L side 09:00

[13-18] 1/4 TURN DIAMOND

123 Cross RF over LF (1), Step back on LF making 1/8 turn R (2), Step RF back (3) 10:30
456 Step LF behind (4), 1/8 turn R Stepping RF to R side (5), Step LF fwd 12:00

[19-24] SPIRAL FULL TURN, POINT R SIDE, DRAG COLLECT

123 Step RF forward (1), Spiral full turn L (2), Step down on LF (3) 12:00
456 Point RF to R side (4), Drag RF next to LF (5), Collect RF next to LF, weight on RF (6)
**RESTART here during Wall 3 **

[25-30] TWINKLE L, TWINKLE R 1/2 TURN

123 Cross LF over RF (1), Step RF to R side (2), Step LF to L side (3)
456 Cross RF over LF (4), 1/4 turn R, Step LF back (5), 1/4 turn R, Step RF to R side (6) 06:00

[31-36] BASIC WALTZ DRAGS

123 Step LF forward (1), Drag RF next to LF while lifting hand upwards and forwards (2), Weight on RF (3)
456 Step LF back making 1/4 turn L (4), Drag RF beside LF while bringing R hand to the side of your head 9(5) Hold and look over L shoulder (6) 3:00

[37-42] STEP 1/4 R, 1/2 TURN SWEEP, STEP 1/4, 3/4 TURN DRAG

123 Step RF forward making 1/4 turn R (1), 1/2 turn R sweeping LF from back to front (2 3) 12:00
456 Step LF forward making 1/4 turn L (4), 3/4 in place to L on LF dragging RF next to LF (5), Step RF back (6)

[43-48] BEHIND SIDE CROSS ROCK R, BACK SWEEP, BACK, BACK

123 Step LF back making 1/8 turn L (1), Side Rock RF to R side (2), Recover on L (3) 10:30
456 Back RF w/sweep LF (4), Step LF (5), Step RF back (6)

For count 1 (of wall 2 etc) make 1/2 turn over L shoulder, stomping LF to 4:30 to make the dance a 2 wall dance.