

# Rich On

拍数: 92      墙数: 1      级数: Phrased Intermediate - Polka  
编舞者: Séverine Fillion (FR) - October 2024  
音乐: Rich On - Tim & The Glory Boys



No intro ... Start dancing immediately after the word : « Rich on ... »

Sequence: A – B – A – B – A - A (20) – A - A (16)

## PART A

### [1-8] TRIPLE STEP FWD, TRIPLE STEP 1/2 T R, BACK KICK BALL CHANGE, KICK BALL STEP

1&2      Triple step right – left – right fwd  
3&4      Triple step left – right – left 1/2 turning right 6 :00  
5&6      Kick right back, recover on right next to left, left step fwd  
7&8      Kick right fwd, recover on right next to left, left step fwd

### [9-16] TRIPLE STEP FWD, TRIPLE STEP 1/4 TURN R, SAILOR STEP, BEHIND SIDE CROSS

1&2      Triple step right – left – right  
3&4      1/4 turn right & Triple step left – right – left to left side 9 :00  
5&6      Right cross behind left, left to left, right to right  
7&8      Left cross behind right, right to right, left cross over right

### [17-24] KICK BALL CROSS x 2, SIDE POINT SWITCHES, FLICK 1/4 TURN L

1&2      Kick right diagonally right fwd, recover on right next to left, left cross over right  
3&4      Kick right diagonally right fwd, recover on right next to left, left cross over right

**\*\* RESTART here with 1/4 turn R to make the restart facing 12:00**

5&6&      Point right to right side, recover on right next to left, point left to left side, recover on left  
7-8      Point right to right side, 1/4 turn left with right Flick 6 :00

### [25-32] ROCK FWD, COASTER STEP, ROCK FWD, TRIPLE FULL TURN L IN PLACE

1-2      Rock fwd on right, recover on left  
3&4      Right step back, left next to right, right step fwd  
5-6      Rock fwd on left, recover on right  
7&8      Triple step in place left – right – left full turning left

### [33-40] JAZZ BOX 1/4 TURN R x 2

1-4      Right cross over left, 1/4 turn right stepping left back, right to right, left step fwd  
5-8      Right cross over left, 1/4 turn right stepping left back, right to right, left step fwd 12 :00

### [41-44] SIDE STOMP RIGHT, HOLD, SIDE STOMP LEFT, HOLD

1-4      Stomp right to right side, hold, Stomp left to left side, hold

### [45-52] TRIPLE STEP FWD, 1/2 TURN L & TRIPLE STEP FWD, 1/4 TURN R & TRIPLE STEP FWD, 1/2 TURN L & TRIPLE STEP FWD

1&2      Triple step right – left – right fwd  
3&4      1/2 turn left & Triple step left – right – left fwd 6 :00  
5&6      1/4 turn right & Triple step right – left – right fwd 9 :00  
7&8      1/2 turn left & Triple step left – right – left fwd 3 :00

### [53-60] HEEL TAP DIAGONALLY FWD x 2, BEHIND SIDE CROSS, HEEL TAP DIAGONALLY FWD x 2, SAILOR 1/4 TURN L

1-2      Tap twice right heel diagonally right fwd  
3&4      Right cross behind left, left to left, right cross over left

5-6 Tap twice left heel diagonally left fwd  
7&8 Left cross behind right, 1/4 turn left stepping right to right, left step fwd 12 :00

## **PART B**

### **[1-8] STEP FWD – SWEEP (R & L), STEP FWD - HEEL SPLIT (R & L)**

1-2 Right step fwd, Sweep left forwards  
3-4 Left step fwd, Sweep right forwards  
5&6 Right step fwd, open both heels OUT, recover both heels to the center  
7&8 Left step fwd, open both heels OUT, recover both heels to the center

### **[9-16] TRIPLE BACK (R & L), FULL TURN R BACWARDS, OUT OUT - IN IN**

1&2 Triple step right – left - right backwards  
3&4 Triple step left – right – left backwards  
5-6 1/2 Turn right stepping right fwd, 1/2 turn right stepping left back  
&7&8 Right step OUT, left step OUT, recover right in center, recover left next to right

### **[17-24] STEP FWD – SWEEP (R & L), STEP FWD - HEEL SPLIT (R & L)**

1-2 Right step fwd, Sweep left forwards  
3-4 Left step fwd, Sweep right forwards  
5&6 Right step fwd, open both heels OUT, recover both heels to the center  
7&8 Left step fwd, open both heels OUT, recover both heels to the center

### **[25-32] TRIPLE BACK (R & L), FULL TURN R BACWARDS, OUT OUT - IN IN**

1&2 Triple step right – left - right backwards  
3&4 Triple step left – right – left backwards  
5-6 1/2 Turn right stepping right fwd, 1/2 turn right stepping left back  
&7&8 Right step OUT, left step OUT, recover right in center, recover left next to right

**FINAL : After 16 counts on the last part A, you'll be at 9 :00, make a 1/4 turn right with right stomp fwd to finish facing.**

**ENJOY & HAVE FUN !**

**Last Update: 13 Nov 2024**

---