We Pray



拍数: 32 墙数: 4 级数: Beginner / High Beginner

编舞者: Penny Musick (USA) - October 2024

音乐: WE PRAY - Coldplay, Little Simz, Burna Boy, Elyanna & TINI



#32 Ct Intro

No tags or restarts

[1-8] Step R to R frt corner bounce frt, bk, frt, step L forward to L corner repeat (I call this section a bounce section at the end when turning to face 9 a clock wall sweep r foot over L foot a smoother transition

1- Step forward on R ft to R frt corner at the same time your R hip goes forward

2-3 L hip goes bk R hip goes forward

4- step L forward to L cornerh

5-7 L hip forward, R hip bk, L hip forward

8- step L, sweep R around to turn to face the 9 a clock wall

*2nd-8 weave L and R

1-4 (weave) cross R in frt if L, step L side, cross R behind L, touch L out to L side

5-8 reverse/ on count 8 step on R instead of pointing

*3rd -8 L rocking chair, L pivot, step L, flick R bk

1-4 L rocking chair

5-6 step L pivot over R shoulder to 3 a clock step R

7- step L in place8- flick R back

*4th -8 V step starting on R and R arm then L to Praying hands

1-4 V - step starting on R - Step R forward to R corner. Step L forward to L corner Step R back in

place, Step L back in place

5- take R hand down and out to R side and back in to the middle of the chest 6- same thing except with the L meet both in middle of chest in praying hands

7-8 shrug shoulders

Repeat Dance

Last Update: 30 Oct 2024