

Dancing My Way

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mark Furnell (UK) & Chris Godden (UK) - October 2024
音乐: Dancing My Way - Wyn Starks



Intro: 32 Counts, Start at approx 12 secs

SEC 1 Side, Twist Heel, Twist Toe, Hitch, Side, Twist Heel, Twist Toe, Hitch

1-2 Step right to right, twist left heel to right
3-4 Twist left toes to right, hitch left knee clap hands
5-6 Step left to left, twist right heel to left
7-8 Twist right toes to left, hitch right knee clap hands

SEC 2 Slow Shuffle, Hold, Rocking Chair

1-2 Step right forward, step left beside right
3-4 Step right forward, hold
5-6 Rock left forward, recover weight onto right
7-8 Rock left back, recover weight onto right

SEC 3 Step, ¼ Pivot, Cross, Hold, Side Rock, Cross, Hold

1-2 Step left forward, pivot ¼ right transferring weight on to right (3:00)
3-4 Cross left over right, hold
5-6 Rock right to right, recover weight onto left
7-8 Cross right over left, hold

SEC 4 Touch, Kick, Cross, Hold, Back, Touch, Back, Touch

1-2 Touch left beside right, kick left forward to left diagonal
3-4 Cross left over right, hold
5-6 Step right back to right diagonal, touch left beside right
7-8 Step left back to left diagonal, touch right beside left
