

Prerogative to Have a Little Fun

COPPER KNOB
BY STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Treysi Kerr (UK) - October 2024
音乐: Man! I Feel Like a Woman! - Shania Twain



Step sheet: Denise Atkins

START ON VOCALS

SECTION 1: [1-8] HEEL TOUCHES

1-2 Touch Right heel forward, bring back next to left
3-4 Touch Left heel forward, bring back next to right
5-6 Touch Right heel forward, bring back next to left
7-8 Touch Left heel forward, bring back next to right

SECTION 2 [9-16] RIGHT & LEFT TOE TOUCHES

9-10 Touch right toe out to right, Close right foot back to place (no weight change)
11-12 Touch right toe out to right, Close right foot back to place (change weight)
13-14 Touch left toe out to left, Close left foot back to place (no weight change)
15-16 Touch left toe out to left, Close left foot back to place (change weight)

SECTION 3 [17-24] GRAPEVINE RIGHT & LEFT

17-20 Step Right to Right side, step Left behind Right, Step Right to Right side, touch Left next to Right
21-24 Step Left to Left side, step Right behind Left, step left to left side, touch right next to left.

SECTION 4 [25-28] WALK BACK

25-28 Walk back right, left, right touch left next to right

SECTION 5 [29-32] FORWARD SLIDE

29-32 Step left forward, slide right behind left, step left forward, touch right together

SECTION 6 [33-36] RIGHT KICK BALL CHANGES x2 (Syncopated 1&2 / 3&4)

33-36 Kick right forward, step lightly down on the ball of right foot next to left, step down on the left foot

SECTION 7 [37-40] 1/4 turn jazz box

37-40 Step Right across Left, step Left back, Make a ¼ turn left & step right to left.

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