Let's Start To Swing

级数: Absolute Beginner

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音乐: Return to Sender - Elvis Presley

Begin the dance on vocals

拍数: 32

Section 1: chasse right, rock back, rock left, rock back

- RF step to R side, LF step next to RF, RF step to R side 1&2
- 3, 4 LF rock back, RF recover
- 5, 6 LF rock side, RF recover
- 7,8 LF rock back, RF recover

Section 2: chasse left, rock back, 2x step touches

- 1&2 LF step to L side, RF step next to LF, LF step to L side
- RF rock back, LF recover 3, 4
- 5, 6 RF step to R side, LF tap beside RF
- LF step to L side, RF tap beside LF 7,8

Section 3: rumba box with chacha steps (lock steps fwd and bw)

- 1,2 RF step to R side, LF step beside RF
- 3&4 RF step fwd, LF lock behind RF, RF step fwd
- 5, 6 LF step to L side, RF step beside LF
- 7&8 LF step bw, RF cross before LF, LF step bw

Section 4: rock back, step 1/4 turn, kick-ball-change, 2x step in place

- RF rock back, LF recover 1,2
- 3,4 RF step fwd, ¼ turn L and LF step in place
- 5&6 RF kick fwd, RF step on ball, LF replace
- 7,8 RF step in place, LF step in place

End of dance





墙数: 4