

Do Si Duel

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Alex Reininger (USA) - October 2024
音乐: Do Si Do - Diplo & Blanco Brown



No restarts or tags.

Contra: Line 1 starts facing the 12:00 wall, line 2 starts facing the 6:00 wall (facing away from each other / backs towards each other).

Intro: 15 counts (turn around on count 16, with weight on balls of feet, twist body 1/2 turn to the left to face opposite line, legs end crossed with left in front of right (8)

Section 1 (first 8-count): Scuff-step R&L, walk forward, 1/2 pivot

1 2 RF scuff (1), RF step out to right side (2)
3 4 LF scuff (3), LF step out to left side (4)
5 6 RF step forward (5), LF step forward (6)
7 8 RF step forward (7), pivot 1/2 to the left and hitch left leg (8)

In this section, the duel begins. The duelists have just whipped around to face each other, and now square up with their challenger. They approach each other counts 5-7, and then pivot away from each other on count 8.

Section 2 (second 8-count): L shuffle, R shuffle, stomp x3 (while doing a 1/2 rotation to the left), step-pose

1&2 Left shuffle forward (LF step forward (1), RF step next to LF (&), LF step forward (2))
3&4 Right shuffle forward (RF step forward (3), LF step next to RF (&), RF step forward(4))
5&6 While making a 1/2 rotation to the left, LF stomp (5), RF stomp (&), LF stomp (6)
7 8 RF step (7), LF step next to RF and POSE (8)

In this section, the two lines shuffle in the opposite direction (away from each other). On count 5, start turning to the left to make a 1/2 rotation (while stomping x3) to face each other and pose on count 8.

Section 3 (third 8-count): Walk forward, rock back-recover, walk forward, x2 hip-circles

1 2 RF step forward (1), LF step forward (2)
3 4 Rock back on RF (3), recover on LF (4)
5 6 RF step forward (5), LF step forward (6)
7 8 RF step out to right side and roll hips in small circle once (7), roll hips in small circle (8)

In this section, the two lines are facing each other and cross to the opposite side. By count 7, the lines should have switched places and be facing away from each other.

Section 4 (fourth 8-count): Sailor step, step-cross slide left, step-cross step-side, 1/2 twist to face opposite line

1&2 LF step-cross behind RF (1), RF step to right side (&), LF step to left side (2)
3 4& RF step-cross in front of LF (3), slide to the left (4), RF step to next to LF (&)
5 6 LF step-cross in front of RF (5), RF step to right side (6)
7 8 LF step to left side (7), with weight on balls of feet, twist body 1/2 turn to the left to face opposite line, legs end crossed with left in front of right (8)

In this section, the lines begin facing away from each other and end facing each other on count 8.

IG - @MindfulMotionMentor & @MindfulMotion.LLC

FB - Alex Reininger & Mindful Motion

Email: MindfulMotionMentor@gmail.com

Website: www.MindfulMotionLLC.com

YouTube: www.youtube.com/@MindfulMotionLLC

