

The Skeleton Swing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Brendan Simoens (USA) & Daniel Schumann (USA) - October 2024
音乐: Skeleton Swing - LÖNIS & Jon Mero



Intro: 64 counts, approx 25 seconds
Two Tags, NO RESTARTS

SEQ: 32, T1, 32, 32, T2, 32, 32, T1, 32, 32, 16

[1 - 8] Out, out, bump, bump, scissor step, side touch side touch

1,2 Step R to R diagonal (1), step L to L diagonal (2)

3,4 Bump hips R (3), bump hips L (4)

[Arms 1-4] Raise L arm forward (1), raise R arm forward (like a zombie) (2), swing arms L (3), swing arms R (4) (Arms only on chorus)

5&6 Step R to R (5), step L next to R (&), cross R over L (6)

7&8& Step L to L (7), touch R next to L (&), step R to R (8), touch L next to R (&)

[9 - 16] Step, brush, out, out, heel flicks R-L, shimmy/body roll up

1,2 Step L forward (1), brush R forward and out to R (2)

3,4 Step R to R, slightly back (3), step L to L (4)

5&6& Bend R knee in swiveling R heel out (5), bring R heel back and take weight (&), bend L knee in swiveling L heel out (6), bring L heel back and take weight (&) Slightly lower body during counts 5&6&

7,8 Body roll up while shimmying shoulders over 2 counts weight favoring L (7,8)

[17 - 24] ¼, ¼, rock, recover, kick ball cross, shoulder shrugs

1,2 ¼ R stepping R forward (1), ¼ R stepping L to L (2) 6:00

3,4 Rock R behind L (3), recover onto L (4)

5&6 Kick R to R diagonal (5), step R next to L (&), cross L over R (6)

7&8 Shrug R shoulder up and L down (7), shrug L shoulder up and R down (&), shrug R shoulder up and L down (8)

[25 - 32] ¼, ¼, point switches R-L, syncopated jazz box, cross, ¾ unwind

1,2 ¼ L stepping R back (1), ¼ L stepping L to L (2) 12:00

3&4 Point R to R (3), step R next to L (&), point L to L (4)

5,6& Cross L over R (5), step R back (6), step L to L (&)

7,8 Cross R over L (7), unwind ¾ L ending with weight on L (8) 3:00

Tag 1: occurs after walls 1 and 5, always starts at 3:00 and ends at 6:00

[1 - 8] Rock, recover, behind side cross, rock, recover, sailor ¼ sweep

1,2 Rock R to R (1), recover onto L (2)

3&4 Cross R behind L (3), step L to L (&), cross R over L (4)

5,6 Rock L to L (5), recover onto R (6)

7&8 Cross L behind R (7), ¼ L stepping R back (&), step L forward sweeping R back to front (8) 12:00

[9 - 16] Cross, ⅞, side shuffle, cross, ¼, ½ shuffle

1,2 Cross R over L (1), ¼ R stepping L back (2) 3:00

3&4 Step R to R (3), step L next to R (&), step R to R (4)

5,6 Cross L over R (5), ¼ L stepping R back (6)

7&8 ¼ L stepping L to L (7), step R next to L (&), ¼ L stepping L forward (8)

Tag 2: occurs at the end of wall 3 starts at 12:00 and ends at 9:00

[1 - 4]

1,2 Step R to R pushing upper body R (1), slightly bend knees pushing upper body L (2)
3,4 Bend knees more pushing upper body R (3), ¼ L stepping forward onto L standing back up
(4)

ALWAYS BE UNAPOLOGETICALLY YOU!!!

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