

Put a Woman in Charge

COPPER **KNOB**
BY STEPHEN

拍数: 96 墙数: 2 级数: Phrased Improver
编舞者: Toni Scholefield (CAN) - 17 October 2024
音乐: Put a Woman in Charge (feat. Rosanne Cash) - Keb' Mo'



Intro: 16 count

PHRASE SEQUENCE: A-A-A-B-A-A-A-B-C-*B-*B-*B-*B

Sequence A = Verses

Sequence B = Chorus

Sequence C = Hallelujah Verse

A- 32 count

RIGHT HEEL DIAGONAL FORWARD, RIGHT HOOK, RIGHT LOCK STEP, LEFT FORWARD 1/4 TURN RIGHT, RIGHT TO SIDE, CROSS & CROSS LEFT OVER RIGHT

1-2 Right heel diagonal forward, right hook
3&4 Step right forward, step left behind right, step right forward
5-6 Step left forward 1/4 turn right, step right to side
7&8 Cross left over right, step right behind left, cross left over right

RIGHT BACK 1/4 TURN LEFT, STEP LEFT BEHIND RIGHT, SAILOR STEPS R & L, RIGHT KICK BALL CHANGE

1-2 Step right back 1/4 turn left, step left behind right
3&4 Sweep right behind left, step left to side, step right in place
5&6 Sweep left behind right, right in place, step left together
7&8 Kick right forward, weight on right ball, step left together

LUNGE RIGHT FORWARD 1/4 TURN RIGHT, HOLD LUNGE-TAP HEEL X 3, STEP LEFT FORWARD, RIGHT TOGETHER, LEFT BACK, TOUCH RIGHT TOGETHER

1-2 Lunge right 1/4turn right with deep knee bend, hold and tap right heel
3-4 Hold lunge-tap right heel, tap right heel
5-6 Step left forward, step right together
7-8 Step left back, touch right together

POINT RIGHT TO SIDE, RIGHT BEHIND LEFT, POINT LEFT TO SIDE, LEFT BEHIND RIGHT, SAILOR STEP 1/4 TURN RIGHT, LEFT TO SIDE, TOUCH RIGHT TOGETHER

1-2 Point right to the side, step right behind left
3-4 Point left to side, step left behind right
5&6 Sweep right behind left 1/4 turn right, step left to side, step right together
7-8 Step left to side, right touch together

B- 32 count

VINE RIGHT (RAISED RIGHT FIST), VINE LEFT

1-2 Step right to side (with raised right fist), step left behind right
3-4 Step right to side, touch left together
5-6 Step left to side, step right behind left
7-8 Step left to side, touch right together

RIGHT DIAGONAL KICK BALL CROSS X 2, ROLLING VINE RIGHT, TOUCH LEFT TOGETHER

1&2 Right diagonal kick, right ball, cross left over right
3&4 Right diagonal kick, right ball, cross left over right
5-6 Step right forward 1/4 turn right, step left to side 1/4 turn
7-8 Step right to side 1/2 turn, touch left together

STEP LEFT TO SIDE, RIGHT BEHIND LEFT, LEFT FORWARD 1/4 TURN LEFT, HOLD, STEP RIGHT FORWARD PIVOT 1/2 TURN LEFT, STEP LEFT, STEP RIGHT FORWARD, HOLD

- 1-2 Step left to side, step right behind left
- 3-4 Step left forward 1/4 turn left, hold
- 5-6 Step right forward pivot 1/2 turn left, step left
- 7-8 Step right forward, hold

LEFT ROCK FORWARD, RECOVER RIGHT 1/4 TURN RIGHT, LEFT CROSS ROCK, RECOVER RIGHT, STEP LEFT TO SIDE, RIGHT TOUCH TOGETHER, STEP RIGHT TO SIDE, STEP LEFT TOGETHER

- 1-2 Left rock forward, recover right 1/4 turn right
- 3-4 Left cross rock, recover right
- 5-6 Step left to side, touch right together
- 7-8 Step right to side, step left together

***OPTION – For last 4 - B Sequences to stay facing 12:00 with attitude**

Dance the last 8 counts

- 1-2 Left rock forward, recover right
- 3-4 Step left to side 1/4 turn left, (facing 12:00), touch right together
- 5-6 Step right to side, touch left together
- 7-8 Step left to side, touch right together

C-32 count - Hallelujah

CHARLESTON WITH ARMS & ATTITUDE X 2

- 1-2 Step right forward diagonal, (hands raised with attitude), tap left toe behind right
- 3-4 Step left back, tap right toe behind left, (bending down- hands down)
- 5-6 Step right forward diagonal, (hands raised with attitude), tap left toe behind right
- 7-8 Step left back, tap right toe behind left, (bending down- hands down)

RIGHT FORWARD DIAGONAL, TOUCH LEFT BEHIND RIGHT (ARMS TO THE RIGHT), LEFT TO SIDE, TOUCH RIGHT BEHIND LEFT (ARMS TO THE LEFT), RIGHT TO SIDE, TOUCH LEFT BEHIND RIGHT, (ARMS TO THE RIGHT), LEFT TO SIDE, TOUCH RIGHT TOGETHER

- 1-2 Step right forward diagonal, touch left behind right, (arms to the right)
- 3-4 Step left to side, touch right behind left, (arms to the left)
- 5-6 Step right to side, touch left behind right, (arms to the right)
- 7-8 Step to side, touch right together

RIGHT KICK BALL CHANGE, RIGHT BALL TO SIDE-FRONT-SIDE, LUNGE RIGHT TO SIDE & TAP HEEL X 2, TAP FIST TO CHEST X 2 WHILE IN LUNGE

- 1&2 Right kick forward, ball touch, step left
- 3&4 Right ball to side, with weight on ball turn forward, turn to side
- 5-6 Lunge right to right side and tap heel, hold and tap heel
- 7-8 Tap right fist to chest x 2 while in lunge

CROSS ROCK LEFT OVER RIGHT, RECOVER RIGHT, LEFT TO SIDE, TOUCH RIGHT TOGETHER, STEP RIGHT, TOUCH LEFT TOGETHER, STEP LEFT, TOUCH RIGHT TOGETHER

- 1-2 Cross rock left over right, recover right
 - 3-4 Step left to side, touch right together,
 - 5-6 Step right, touch left together
 - 7-8 Step left, touch right together
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