Adams Family



拍数: 0 墙数: 1 级数: Phrased Beginner

编舞者: Brenda Holcomb (USA) - October 2024

音乐: The Adams Family Theme Song



Start dancing when music starts. A,BB,C,BB,A,D

S1. Section A: Moving to the Right

STEP TOGETHER TO SIDE AND SNAP FINGERS 2X, REPEAT

Step to the right side while shimming shoulders step L together SNAP 2x
 Step to the right side while shimming shoulders step L together. SNAP 2x

STEP TOGETHER SHIMMY 3X, SNAP FINGERS 2X

1-2 Step R to the side (Shimmy Shoulders) and step L together.
3-4 Step R to the side(Shimmy Shoulders) and step L together.
5-6 Step R to the side (Shimmy Shoulders) and step L together.

7-8 SNAP Fingers 2X &&A

Repeat: SECTION AMOVING LEFT B

S2. Section B

GRAPEVINE R, GRAPEVINE L ♬ (Their creepy and their kooky)

1-2 Step right side, cross left behind
3-4 Step right side, touch left together
5-6 Step left side, cross right behind
7-8 Step left side, touch right together

Touch Right heel forward, step that foot next to the other foot

Touch the Left heel forward, step that foot next to the other foot

Touch Right heel forward, step that foot next to the other foot

5-6 Rock forward right foot, recover Left7-8 Rock Back on right foot, recover Left

S3. Section B

S4. Section C

JUMP FORWARD R,L (FEET APART) SNAP FINGERS 2X,

Jump forward out, out shimmy shoulders and SNAP 2X (♬ Neat)
Jump forward out, out shimmy shoulders and SNAP 2X (♬ Sweet)

JUMP FORWARD 3X R,L SNAP FINGERS 2X

Jump forward out, out and shimmy shoulders
Jump forward out, out and shimmy shoulders
Jump forward out, out and shimmy shoulders

7-8 SNAP 2x ♬(Petite)

S5. Section B ♬ (So get a Withes Shawl on)

Add 4 cts. 1 more R Rocking Chair

S5. Section B

S6. Section A

S7. Section D

(MOVING RIGHT) STEP RIGHT FOOT TO RIGHT SIDE, BRING LEFT FOOT TOGETHER 5X

(FOR STYLE GO DOWN AND UP AS YOU ARE DOING THIS. COME UP ON THE TOGETHER.

1-2	Step Right Foot To The Right And Bring Left Together.
3-4	Step Right Foot To The Right And Bring Left Together.
5-6	Step Right Foot To The Right And Bring Left Together.
7-8	Step Right Foot To The Right And Bring Left Together.
9-10	Step Right Foot To The Right And Bring Left Together.

(MOVING LEFT) STEP LEFT FOOT TO LEFT SIDE AND BRING RIGHT TOGETHER, SNAP FINGERS 2X (DO 2 SETS)

1-2 STEP LEFT FOOT TO THE LEFT SIDE AND BRING RIGHT FOOT TOGETHER.

SNAP FINGERS 2X

3-4 STEP LEFT FOOT TO THE LEFT AND BRING RIGHT FOOT TOGETHER.

SNAP FINGERS 2X

END OF DANCE AND SONG.