

# Highs & Lows

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 2      级数: High Beginner  
编舞者: Maggie Gallagher (UK) - October 2024  
音乐: Highs & Lows - Matt Cooper



Intro: 16 counts (12 secs)

## S1: OUT CLAP, OUT CLAP, R COASTER, BRUSH, L LOCK STEP, R MAMBO

1&            Step right out on right diagonal, Clap hands  
During each chorus, clap hands high above right shoulder  
2&            Step left out on left diagonal, Clap hands  
During each chorus, clap hands low down towards left  
3&4&        Step right back to centre, Step left next to right, Step right slightly forward, Brush left forward  
5&6         Step forward on left, Lock right behind left, Step left forward  
7&8         Rock forward on right, Recover back on left, Step slightly back on right

## S2: BACK, BACK, L COASTER, BRUSH, JAZZ BOX ¼, STEP

1-2            Walk back on left, Walk back on right  
3&4&        Step back on left, Step right next to left, Step forward on left. Brush right around from back to front  
5-6            Cross right over left, ¼ right stepping back on left [3:00]  
7-8            Step right to right side, Step slightly forward on left

## S3: SIDE TOUCH, SIDE TOUCH, SIDE TOGETHER FORWARD, TOUCH, SIDE TOUCH, SIDE TOUCH, SIDE TOGETHER BACK, TOUCH

1&2&        Step right to right side, Touch left next to right, Step left to left side, Touch right next to left  
3&4&        Step right to right side, Step left next to right, Step forward on right, Touch left next to right  
5&6&        Step left to left side, Touch right next to left, Step right to right side, Touch left next to right  
7&8&        Step left to left side, Step right next to left, Step back on left, Touch right next to left

## S4: POINT TOUCH POINT, BEHIND SIDE CROSS, SIDE ROCK ¼, STEP SCUFF, WALK SCUFF, WALK SCUFF

1&2            Point right to right side, Touch right next to left, Point right to right side  
3&4            Cross right behind left, Step left to left side, Cross right over left  
5&6&        Rock to left side, ¼ right recovering onto right, Step forward on left, Scuff right heel forward [6:00]  
7&8&        Walk forward on right, Scuff left heel forward, Walk forward on left, Scuff right heel forward [6:00]

ENDING: At the end of Wall 7, step forward on right then pivot ½ left to finish facing [12:00]

This dance is dedicated to the memory of the lovely Nelly Goinard of the Mayflower Country Club, Monaco

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