

# Brain Freeze

拍数: 32      墙数: 2      级数: Improver  
编舞者: Tommy G. Parker (USA) - October 2024  
音乐: Ice Cream - JEON SOMI



No Tags or Restarts. 16-Count Intro (Dance begins on lyrics)

**[1 – 8] RF Step fwd, LF Rock fwd, RF Recover into a Coaster Step (RLR), LF Rock fwd, RF Recover, LF Coaster Step (LFL)**

1, 2            (12:00) RF Step forward [1]. LF Rock forward [2] (12:00)  
3 & 4           RF Step back [3]. LF Step next to RF [&]. RF Step forward [4] (12:00)  
5, 6            LF Step forward [5]. RF Step back [6] (12:00)  
7 & 8           LF Step back [7]. RF Step next to LF [&]. LF Step forward [8] (12:00)

**[9 – 16] RF Step Out, Clap Overhead, LF Step Out, Clap Overhead, RF Coaster Step, LF Step Out, Clap Overhead, RF Step Out, Clap Overhead, LF Coaster Step**

1 & 2 &        (12:00) RF Step forward and out to the right [1]. Clap overhead [&]. LF Step forward and out to left [2]. Clap overhead [&] (12:00)  
3 & 4           RF Step back [3]. LF Step next to RF [&]. RF Step forward [4] (12:00)  
5 & 6 &        LF Step forward and out to the left [5]. Clap overhead [&]. RF Step forward and out to right [6]. Clap overhead [&] (12:00)  
7 & 8           LF Step back [7]. RF Step next to LF [&]. LF Step forward [8] (12:00)

**[17 – 24] Grapevine right into a Shuffle (RLR) ½ Turn (clockwise, 6:00), Grapevine again (now to your left) into a Shuffle (LFL) ½ Turn (counterclockwise)**

1, 2            RF Step right [1]. LF Step behind RF [2] (12:00)  
3 & 4           RF Step right [3]. LF Step next to RF with ½ Turn (clockwise) [&]. RF Step next to LF [4] (6:00)  
5, 6            LF Step left [5]. RF Step behind LF [6] (6:00)  
7 & 8           LF Step left [7]. RF Step next to LF with ½ Turn (counterclockwise) [&]. LF Step next to RF [8] (12:00)

**[25 – 32] RF Side-Rock right, LF Hitch, Side Shuffle (LRL) ¼ Turn (counterclockwise, 9:00), Two Step Full Turn (counterclockwise, 9:00), RF Side-Rock right ¼ Turn (counterclockwise)**

1, 2            RF Step right [1]. LF Side-Hitch [2] (12:00)  
3 & 4           LF Step left [3]. RF Step next to LF with ¼ Turn (counterclockwise) [&]. LF Step next to RF [4] (9:00)  
5, 6            RF Step with ½ Turn (counterclockwise) [5]. LF Step with ½ Turn (counterclockwise) [6] (9:00)  
7 & 8           RF Side Rock with ¼ Turn (counterclockwise) [7]. LF Recover [8] (6:00)

Start again, now facing 6:00 wall.

Last Update: 21 Oct 2024