

Espresso

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Dustin Wenck (USA) - October 2024
音乐: Espresso - Sabrina Carpenter



No Tags 1 Restart (Right after 6 counts on wall 5)

Intro: 16 counts (start dancing when she sings "nice")

(1-8) R PRESS / L PRESS / GROOVE TAPS BACK / R HEEL TAP / FLICK

1, 2& R Press Forward (1) Recover weight L (2) Step R next to L (&)
3, 4 L Press Forward (3) Recover Weight R (4)
&5 Small step back onto L (&) tap ball of R next to L (5)
&6 Small step back onto R (&) tap ball of L next to R (6)
&7 Small step back onto L (&) R heel tap to R side while turn $\frac{1}{8}$ (7)
&8 Step R next to L (&) Flick L foot back while facing $\frac{1}{8}$ wall (8)

* On wall 5, right after the first 6 counts, pause then restart

(9-16) TRIPLE STEP / ROCK RECOVER / $\frac{1}{4}$ TURN / $\frac{1}{4}$ SAILOR STEP

1&2 While facing $\frac{1}{8}$ wall Step L Forward (1) Step R next to L (&) Step L Forward (2)
3, 4 Rock Forward on R (3) Recover on L Foot (4)
5, 6 Step on R while turn over R shoulder $\frac{1}{4}$ (5) Step on L while turn over R shoulder $\frac{1}{2}$ (6)
7&8 Step RF behind L while making $\frac{1}{4}$ turn (7) Step L to L side (&) Step R Forward

(17-24) $\frac{1}{4}$ TURN ROCK RECOVER / BEHIND SIDE CROSS / HEEL GRIND / COASTER STEP

1, 2 Make a $\frac{1}{4}$ turn to the R while rocking to L side on L (1) Recover on R (2)
3&4 Step L behind R (3) Step R to R side (&) Cross L in front of R (4)
5, 6 Rock forward on R heel with toes to the L (5) Recover on L while turning toes to the R (6)
7&8 Step back onto RF (7) Step L next to R (&) Step RF forward (8)

(25-32) 1 $\frac{1}{2}$ TURN / SWITCH / 1 FULL TURN / TRIPLE STEPP

1, 2 Step forward on LF (1) $\frac{1}{2}$ turn over R shoulder (2)
3, 4 Continue turn with 1 full spin over R shoulder while traveling forward
5, 6 Switch movement by stepping LF forward (5) 1 full turn/spin over L shoulder while traveling forward
7, 8 At the end of the full turn step L forward (7) Step R next to L (&) Step L forward (8)

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