

Bloody Mary 4 Halloween

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased High Beginner
编舞者: Michelle Chen (TW) - October 2024
音乐: Bloody Mary (Sped Up) - I'll Dance Dance Dance with My Hands Hands Hands -
Hiko (Lady Gaga)



Introduction : 8 counts * 4
Starting RIGHT(RF) at 12:00 direction
Bridge(Bdg) : 8 counts * 2
ReStart : None
Sequence : ABA-Bdg-ABA-Bdg-AAAA-Bdg

Main Section A: 8 counts * 4

A1: KICK-BALL-CROSS*2, SIDE R&R, BEHIND-SIDE-CROSS

1&2 (Starting @12:00)Kick RF Fwr, Ball Step RF beside LF, Cross LF Over RF
3&4 Kick RF Fwr, Ball Step RF beside LF, Cross LF Over RF
5 6 Rock RF Rsid and Recover back to LF
7&8 Step RF cross behind LF, Step LF Lsid, Step RF cross over LF

A2: KICK-BALL-CROSS*2, SIDE R&R, SAILOR 1/4TL

1&2 Kick LF Fwr, Ball Step LF beside RF, Cross RF Over LF
3&4 Kick LF Fwr, Ball Step LF beside RF, Cross RF Over LF
5 6 Rock LF Lsid and Recover back to RF
7 8 Make 1/4TL and Sweep LF cross behind RF, Rock RF Rsid and Recover back to LF

A3: CROSS R&R, SHUFFLE 1/4TR, FWRD R&R, COASTER

1 2 Rock RF cross over LF and Recover back to LF
3&4 Step RF Rsid, Ball Step LF together, Make 1/4TR and Step RF Fwr
5 6 Rock LF Fwr, Recover back to RF
7&8 Step LF Bwr, Step RF together, Step LF Fwr

A4: TOE STRUT, 1/2TL TOE STRUT, LOCK SHUFFLE R-L

1 2 Touch RF Fwr, Step Heel down
3 4 Make 1/2 TL and Touch LF Fwr, Step Heel down
5&6 Step RF Diag Fwr, Lock-Step LF behind RF, Step RF Diag Fwr
7&8 Step LF Diag Fwr, Lock-Step RF behind LF, Step LF Diag Fwr

Main Section B: 8 counts * 4

B1: HEEL TAP *4 R-L

1 2 3 4 Toe-Touch RF Diag Fwr and Heel-Tap 4 times, on the last count press weight on RF
5 6 7 8 Toe-Touch LF Diag Fwr and Heel-Tap 4 times, on the last count press weight on LF

B1: TOE TOUCH & STEP BACK R-L, WALK AROUND 1/2TL

1 2 3 4 Toe-Touch RF Fwr, Step RF Bwr, Toe-Touch LF Fwr, Step LF Bwr
5 6 7 8 Walk RF-LF-RF-LF and make 1/2TL around

B3: (REPEAT B1)

B4: (REPEAT B2)

Bdg(Bridge/Long Tag): 8 counts * 2

Bdg1: CROSS, CROSS UNWIND (TWIST) FULL TURN

1 Step RF cross over LF
2-8 Cross-Twist RF&LF in place Full-Turn Left

Bdg2: NIGHTCLUB R-L

1 2 3 4 Slide RF Rsid and Drag LF toward, Rock LF cross behind RF and Recover back to RF
5 6 7 8 Slide LF Lsid and Drag RF toward, Rock RF cross behind LF and Recover back to LF

RS(ReStart): None

On this Halloween season, based on the properties of the music, pls try to do some scary body actions. You may create your own or follow my DEMO video.

Wish you have a Happy Nice Halloween.

Notes for abbr.

RF(Right Foot) / LF(Left Foot)

Fwrđ(forward) / Bwrđ(backword) / Rsid(right side) / Lsid(left side)

Diag (diagonal)

TR(RightTurn) / TL(LeftTurn)

Contact:

If there is any question or suggestion, please don't hesitate to contact.

Thanks a lot. Hope you like it.

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