

Angel

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Judy Rodgers (USA) - October 2024
音乐: Angel - Alex Sampson : (amszon.com)



Music starts on word 'Angel' (2 beats), start dance on count 3 'growing' s R (3).

S1: Side, back rock, side, behind side, cross rock side, cross turn 1/4 R together

1-2& Step L to left side, rock R behind L, recover L
3-4& Step R to right side, step L behind R, step R to right side
5-6& Cross rock L over R, recover R, step L to left
7-8& Cross R over L, turn 1/4 right step L back, step R beside L 3:00

*****Restart here on Wall 2 (facing 12:00)

S2: Rock recover cross, rock recover together, turn 1/4 R turn 1/4 R step, rock recover back

1-2& Rock L to left side, recover R, cross L over R
3-4& Rock R to right side, recover L, step R beside L
5-6& Turn 1/4 right step L back, turn 1/4 right step R fwd, step L fwd 9:00
7-8& Rock R fwd, recover L, step R back

***** Wall 6 - Restart here (facing 3:00)

S3: Back together cross, turn 1/4 L turn 1/4 L sweep, cross side behind sweep, behind side cross

1-2& Step L back, step R beside L, cross L over R
3-4& Turn 1/4 left step R back, turn 1/4 left step L to left side, sweep R over L 3:00
5&6& Cross R over L, step L to left side, cross R behind L, sweep L from front to back
7-8& Step L behind R, step R to right side, cross L over R

S4: Turn 1/2 R walk/run in semi circle, rock recover turn 1/2 R turn 1/2 R, back, touch

1-2 Moving in a semi circle right, walk R, walk L 6:00
3&4& Run run run run (R, L, R, L to finish semi circle) 9:00
5-6&7 Rock R fwd, recover L, turn 1/2 R step R fwd, turn 1/2 R step L back
8& Step R back, touch L beside R

Add this 4 count Tag at the end of Wall 3, Wall 5 and Wall 7 : t

1-4 Step/dip L to left side, touch R in place, step/dip R to right side, touch L in place

~12 9R 12T 9 6T 3R 12T