

Leave The Light On

COPPERKNOB
BY STEPHEN

拍数: 72 墙数: 2 级数: Intermediate
编舞者: Alison Smith (UK) - August 2024
音乐: Leave The Light On (feat. Alexandra Kay) - Jelly Roll



Style: Waltz Intro: 24 counts

Section 1 [1-6] Basic Step Forward, Side, Together

1-3 Step fwd on L. Step to the right side on R. Step L in place next to R
4-5,6 Step back on R, point L to the side, hold

Section 2 [7-12] Left Twinkle Step, Hesitation Half Turn Right

1-3 Cross L over R. Step R to right side. Step L in place
4-6 Cross R over L. Step L to left side (turning in and starting 1/2 turn right. Take 2 counts to turn 1/2 right, allowing R foot to sweep right around L and out to the right side on completion (don't step down on right) (06.00)

Section 3 [13-18] Step Right, Left Back Rock. Step Left, Right Back Rock

1-3 Step R to right side (long step). Rock back on L behind R, recover on R
4-6 Step L to left side (long step). Rock back on R behind L, recover on L

Section 4 [19-24] Turn 1/4 Left, Left Coaster Step

1-3 Make 1/4 turn Left stepping on R and lifting L in front then sweep it round to the back (counts 2-3)
4-6 Step back on L, step R next to L, step fwd on L (coaster step) (03.00)

NOTE: FOR THE FOLLOWING SECTIONS 5-7 REPEAT COUNTS 1-18 BUT ON THE OPPOSITE SIDE.

Section 5 [25-30] Basic Step Forward, Side, Together

1-3 Step fwd on R. Step to the left side on L. Step R in place next to L
4-6 Step back on L, point R to the side, hold

Section 6 [31-36] Right Twinkle Step, Hesitation Half Turn Left

1-3 Cross R over L. Step L to left side. Step R in place
4-6 Cross L over R. Step R to right side (turning in and starting 1/2 turn left. Take 2 counts to turn 1/2 left, allowing L foot to sweep left around R and out to the left side on completion (don't step down on left) (09.00)

Section 7 [37-42] Step Left, Right Back Rock. Step Right, Left Back Rock

1-3 Step L to left side (long step). Rock back on R behind L, recover on L
4-6 Step R to right side (long step). Rock back on L behind R, recover on R

Section 8 [43-48] Turn 1/2 Right, Right Coaster Step

1-3 Make 1/2 turn Right stepping on L, lifting R and sweeping it round to the right and back behind L (counts 2-3)
4-6 Step back on R, step L next to R, step fwd on R (coaster step) (03.00)

Section 9 [49-54] Diamond 3/8 Left Basic Waltz Steps (you will be dancing to the corners)

1-3 Turn 1/8 left stepping L fwd, step R next to L, step L next to R (01.30)
4-6 Turn 1/4 left stepping R back, step L next to R, step R next to L. (10.30)

Section 10 [55-60] Diamond 3/8 Left Basic Waltz Steps (dance to corner then to the wall)

7-9 Turn 1/4 left stepping fwd on L, step R next L, Step L next to R (07.30)
10-12 Turn 1/8 left stepping back on R, step L next to R, step R next to L. (06.00)

Section 11 [61-66] Step Forward, Lunge, 1 ½ turns Right

1-3 Step fwd on L, make a long step fwd (lunge) on R, recover back on L

4-6 Make ½ turn right on R, ½ turn R stepping back on L, ½ turn R stepping fwd on R (12.00)

Easier alternative to counts 64-66: make ½ turn right on R, walk forward on L then R

Section 12 [67-72] Slow ½ turn Right, Walk Forward

1-3 Step L fwd, make ½ turn R over 2 counts keeping weight on L (R will be in front of L at the end of the turn either touching the floor (for balance) or slightly lifted)

4-6 Walk fwd on R, walk fwd on L, walk fwd on R (06.00)

END OF DANCE, REPEAT & ENJOY!

Last Update: 10 Oct 2024
