

I Can Dance Dance

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Hayley Wheatley (UK) & Jo Kinser (UK) - October 2024
音乐: Dance Dance - Gabry Ponte & Alessandra
或: Austin (Boots Stop Workin') - Dasha



No Tags or Restarts

Start 16cts in on the vocals 10 secs into the track.
(Tracks available on Spotify, iTunes & Amazon)

Alternative song: Austin (Boots Stop Workin') by Dasha (2:52)
Start 32cts in on the vocals 17 secs into the track.

Start 16cts in on the vocals 10 secs into the track.

Sec.1 R/L Heel Touches Forward

1-2 R heel touch forward, RF step next to LF
3-4 L heel touch forward, LF step next to RF
5-6 R heel touch forward, RF step next to LF
7-8 L heel touch forward, LF step next to RF

Sec.2 R/L Side Touch Clap, R/L Diagonal Back Touch Clap

1-2 RF step R, LF touch next to RF and clap
3-4 LF step L, RF touch next to LF and clap X2 (&4)
5-6 RF step back diagonal R, LF touch next to RF and clap
7-8 LF step back diagonal L, RF touch next to LF and clap X2 (&8)
(Option to double clap on counts &4 and &8)

Sec.3 R/L Grapevine

1-2 RF step R, LF step behind RF
3-4 RF step R, LF touch next to RF
5-6 LF step L, RF step behind LF
7-8 LF step L, RF touch next to LF

Sec.4 R Rocking Chair, Step, Heel Bounces ¼ L

1-2 RF rock forward, LF recover
3-4 RF rock back, LF recover
5 RF step forward
6-7-8 Bounce heels 3x making ¼ turn L [9:00]