

Heartbroken Love

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Adeline Cheng (MY) & Lily Liu (MY) - October 2024
音乐: Hopelessly Devoted to You - Olivia Newton-John : (From Grease)



Sequence: 32 / 32 / 8 / 32 / 8 / TAG / 32 / 8 / 32 / ENDING

Sec 1 NIGHT CLUB, 1/4 TURN LEFT, SWEEP & TOUCH, SWAY (X2)

1 2& Step R to right. Rock L back. Recover on R.
3 4& Step L to left. Rock R back. Recover on L.
5 6 1/4 turn left sweeping R from back to front. Touch R beside L (9:00).
7 8 Sway to R, L. ***Restart from here

Sec 2 PRESS, KICK, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, 1/4 TURN LEFT COASTER STEP

1 2 Press R fwd to right diagonal. Recover on L while kicking R fwd.
3 & 4 Cross R behind L. Step L to left. Cross R over L.
5 6 Rock L to left. Recover on R.
7 & 8 1/4 turn left stepping L back. Step R beside L. Step L fwd (6:00).

Sec 3 (CROSS ROCK, RECOVER, TOGETHER) R&L. PIVOT 1/4 LEFT, SHUFFLE FWD

1 2& Cross rock R over L. Recover on L. Step R beside L.
3 4& Cross rock L over R. Recover on R. Step L beside R.
5 6 Step R fwd. 1/4 turn left (weight onto L) (3:00).
7 & 8 Shuffle fwd on R, L, R.

Sec 4 PIVOT 1/2 TURN RIGHT, RUN (X3), SWAY (R & L), ROCK BACK, RECOVER

1 2 Step L fwd. 1/2 turn right stepping R fwd (9:00).
3 & 4 Small step run on L, R, L.
5 6 Sway R to right. Sway L to left.
7 8 Rock R back. Recover on L.

(option: 5-8 >> Pivot 1/2 turn left twice)

TAG: ROCKING CHAIR

1 - 4 Rock R fwd. Recover on L. Rock R back. Recover on L.

Restart: On Wall 3 (3:00), Wall 5 (9:00) & Wall 7 (3:00) after 8 count

ENDING (after Wall 8):

Sec 1 NIGHT CLUB, 1/4 TURN LEFT, SWEEP & TOUCH, SWAY (X2)

1 2& Step R to right. Rock L back. Recover on R.
3 4& Step L to left. Rock R back. Recover on L.
5 6 1/4 turn left sweeping R from back to front. Touch R beside L (9:00).
7 8 Sway to R, L.

Sec 2 PRESS, KICK, 1/4 TURN RIGHT

1 2 Press R fwd to right diagonal. Recover on L while kicking R fwd.
3 & 4 1/4 turn right crossing R behind L. Step L beside R. Step R to right (12:00).