

Sway EZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: NiNa Ralliza (INA) - October 2024
音乐: Sway - Michael Bublé



FORWARD – REC – BACK SHUFFLE – BACK – REC – FWD SHUFFLE

1 - 2 Fwd on R – Rec on L
3 & 4 Step Back on R - Step L beside R - Step Back on R
5 - 6 Back on L – Rec on R
7 & 8 Step Fwd on L - Step R beside L - Step Fwd on L

(CROSS ROCK – CHASSE) X2

1 - 2 Cross Rock R over L, Recover on L
3 & 4 Step R to R side, Step L next to R, Step R to R side
5 - 6 Cross Rock L over R, Recover on R
7 & 8 Step L to L side, Step R next to L, Step L to L side

SIDE - CLOSE - BACK SHUFFLE - SIDE - CLOSE - FORWARD SHUFFLE

1 - 2 Step R to side, Close L Beside R
3 & 4 Step R Back, Step L together R, Step R Back
5 - 6 Step L to side, Close R Beside L
7 & 8 Step L Forward, Step R Beside L, Step L Forward

PIVOT ¼ L – TRIPPLE STEP – SIDE – REC – TRIPPLE STEP

1 - 2 Forward on R – Turn ¼ L
3 & 4 Tripple Step (in place)
5 - 6 Step Side on L – Rec on R
7 & 8 Tripple Step (in place)

Tag: Ending wall 8:

1 - 4 Touch forward on R (hip roll)

Great dancers are not great because of their technique, they are great because of their passion (Martha Graham)

Last Update: 5 Oct 2024