

Gone Forever

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Sandra Moschel (FR) - 3 October 2024
音乐: Gone Forever - INA ROSE



***3 Restarts

[1-8] Shuffle fwd - Touch - Step back - Touch – Step back -Touch

1-2 RF forward - LF next to RF
3-4 RF forward - Touch LF next to RF
5-6 LF back - Touch LF next to RF
7-8 RF back - Touch LF next to RF

[9-16] Shuffle fwd - Touch - Step back - Touch – Step fwd - Touch

1-2 LF forward - LF next to RF
3-4 LF forward - Touch LF next to RF
5-6 LF back - Touch LF next to RF
7-8 Left forward - Touch right next to left**

[17-24] Weave right - Scissor Cross - Hold

1-2 Right to the right - Left behind right
3-4 Right to the right - Left in front of right
5-6 Right slightly back - Left next to right
7-8 Cross right in front of left - Hold

[25-32] Weave Left - Scissor Cross - Hold

1-2 Left to the left - Right behind left
3-4 Left to the left - Right in front of left
5-6 Left slightly back - Right next to left
7-8 Cross left in front of right - Hold *

[33-40] Monterey turn 1/2 - Kick (R) - Stomp - Flick (L) Stomp

1-2 Point right to the right - 1/2 turn right - Right next to left
3-4 Point left to the left - Left next to right
5-6 Kick RF - Stomp RF
7-8 Flick LF - Stomp LF***

[41-48] Monterey turn 1/2 - Kick (R) - Stomp - Flick (L) Stomp

1-2 Point RF to right - 1/2 turn to right - RF next to LF
3-4 Point LF to left - LF next to RF
5-6 Kick RF - Stomp RF
7-8 Flick LF - Stomp LF

[49-56] Rock fwd 1/2 turn (R) - Rock fwd - Rock back Side step - Scuff (L)

1-2 RF forward with support - Return support LF
3-4 1/2 turn to right RF forward with support - Return support LF
5-6 RF back with support - Return support LF
7-8 RF to right - Rub LF heel on floor

[57-64] Step fwd (L) - Stomp up (R) - Side stomp – Side stomp - Apple Jack

1-2 PG forward - Stomp up PD
3-4 Stomp PD right - Stomp PG left

5-8

Apple Jack

***Restart on wall 2 - After 4th section**

****Restart on wall 4 - After 2nd section**

*****Restart on wall 7 - After 5th section**
