

Honest

拍数: 32 墙数: 2 级数: Improver
编舞者: Garrett Boyd (USA) - October 2024
音乐: If I'm Honest - Trousdale



Restart on Wall 3 after 16 counts, 1 tag after Wall 5

Intro: 8 counts

[1 – 8] SLIDE, STEP, COASTER, MAMBO, COASTER

1, 2 Slide left [1], step R next to left [2]
3 & 4 Step L back [3], step R back to meet it [&], step L forward [4]
5 & 6 Rock R forward [5], recover back onto L [&], step R next to L [6]
7 & 8 Step L back [7], step R back to meet it [&], step L forward [8]

[9 – 16] STEP LOCK STEP, ½ PIVOT, SIDE ROCK RECOVER, STEP FORWARD TOGETHER, STEP BACK TOGETHER

1 & 2 Step R forward [1], lock L behind R [&], step R forward [2]
3, 4 Step L forward [3], turn ½ turn over right shoulder transferring weight to R [4] (6:00)
5, 6 Rock out onto L [5], recover onto R [6]
7 & 8 & Step forward on L [7], step R to meet it [&], step back on L [8], step R to meet it [&]

[17 – 24] HOPS, SIDE ROCKS X2

1 & 2 & Hop forward on the balls of feet to the right diagonal [1], hop back [&], repeat on left diagonal [2 &]
3 & 4 Hop forward on the balls of feet to the right diagonal [3], hop back [&], hop forward on the balls of feet to the right diagonal [4]
5, 6 & Rock out onto R [5], recover onto L [6], step R next to L [&]
7, 8 & Rock out onto L [7], recover onto R [8], step L next to R [&]

[25 – 32] SIDE JACK, ½ PIVOT, ¾ PIVOT

1, 2 Step R to right side [1], emphasizing like previous side rocks, but step L foot behind R [2]
& 3 & 4 Step R out to right side [&], present L heel to the left [3], step on L [&], cross R in front of L with a ⅛ turn left [4] (4:30)
5, 6 Step L forward with a ⅛ turn left [5] (3:00), ½ turn over right shoulder putting weight on R [6] (9:00)
7, 8 Step L foot forward [7], ¾ turn over right shoulder putting weight on R foot [8] (6:00)

TAG after Wall 5

[1-8] SHUFFLE FWD, ROCK RECOVER, SHUFFLE BACK, BACK ROCK RECOVER

1 & 2 (3:00) Step forward on L [1], step R together [&], step forward on L [2]
3, 4 Rock forward on R [3], recover onto L [4]
5 & 6 Step back on R foot [5], step L together [&], step back on R foot [6]
7, 8 Rock back on L [7], recover onto R [8]

[9-16] ½ TURNING SHUFFLE, ROCK RECOVER, WALK X2, ¼ SHUFFLE,

1 & 2 Step forward on L [1], step R together while turning ¼ right [&], step back on L while turning ¼ right [2] (9:00)
3, 4 Rock back on R [3], recover forward onto L [4]
5, 6 Step R forward [5], step L forward [6]
7 & 8 Step forward on R [7], step L together [&], step forward on R while turning ¼ to the right [8] (12:00)

[17-20] ½ WALK AROUND

1, 2, 3, 4 Walk L [1], R [2], L [3], R in a half circle [4] (6:00)

If you try this one out, tag me on Instagram [@giraffically_speaking](#). I'd love to see it!
Check me out on YouTube [@GarrettBoydDance](#)

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