

Into Bad Dreams

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Chris Cleevely (UK) - October 2024
音乐: Bad Dreams - Teddy Swims



(32 count intro)

Section 1 (1-8) Step Forward R, Tap L Behind; Back L, Hook R; Forward R, Lock, R, Scuff

1 - 2 Step forward R, tap left toe behind
3 - 4 Step back on L, hook R across L
5 - 6 Step forward on R lock L behind
7 - 8 Step forward on R, scuff L beside

Section 2 (9-16) Mambo 1/4 Left, Touch; Rolling Vine R (or R Grapevine)

1 - 2 Rock forward L, Recover weight on R
3 - 4 Turn 1/4 L, stepping to L side, touch R toe beside L (12 o'clock)
5 - 6 Turn 1/4 R, stepping forward on R, turn 1/2 R, stepping back on L (6 o'clock)
7 - 8 Turn 1/4 R stepping to R side, touch L toe beside R (3 o'clock)

Section 3 (17-24) Step L, Drag R; Rock Back, Recover; R, Behind, 1/4 R, Hold (Optional Clap)

1 - 2 Take a large step L, drag R towards L (keeping weight on L)
3 - 4 Rock back on R, recover weight on L
5 - 6 Step R to R side, cross L behind R
7 - 8 Turn 1/4 R, stepping forward on R, hold & clap (12 o'clock)

Section 4 (25 – 32) Step, Pivot 1/4 Turn R; Cross L over R, Step R; Cross L over R, Step R; Cross L over R, Sweep R

1 - 2 Step forward on L, pivot 1/4 turn R (9 o'clock)
3 - 4 Cross L over R, step R to R side
5 - 6 Cross L over R, step R to R side
7 - 8 Cross R over R, Sweep R from behind to front

Email: christinec48@hotmail.com

Last Update: 4 Oct 2024
