

# My Ride or Die

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Kate Sala (UK) & Michelle Risley (UK) - July 2024  
音乐: Ride or Die - Declan J Donovan



**\*\*Restart Wall 3, after 48ct**

**[1-8] Side, Behind, Sweep, Behind, Side, Forward, Step, Swivel, Rock Step**

1-2            Step Right to side, Cross Left behind as you Sweep Right Front to back  
3&4           Right Behind, Left Side, Right Forward  
5&6           Step left Toe forward, Swivel left Heel Left and Centre, Step Left In place  
7-8           Rock Forward on right, recover left (12:00)

**[1-8] Full Turn Back, Coaster, Walk, Kick Ball Change, Forward**

1-2            ½ right step forward right, ½ right step back left (12:00)  
3&4            Coaster Step R,L, R  
5&6/7          Forward Left, Right Kick Ball Change  
8               Step Forward Right (12:00)

**\*Alt: Counts 1-2 walk back Right, Left**

**[1-8] Rock Step, turn back ½ Turn, ¼ turn side, Behind, Hold, Weave**

1-2            Rock forward on Left, Recover  
3-4            ½ Turn Left, ¼ Turn Left Step to Side (3:00)  
5-6            Cross Left behind right, Hold  
&7&8          Step Right to side, Cross Left in front, Step Right to Side, Left Behind

**[1-8] Bounce 3/8, Kick Ball Change, Step, Hold, Ball Step, Brush**

1-2            Make 3/8 turn bouncing heels (10:30)  
3&4            Right Kick Ball Change  
5-6            Step forward Right into Diagonal, Hold  
&7&8          Step left next to Right, forward Right, Brush Left through (10:30)

**[1-8] Cross Point, Back Point, Behind, 1/4 Turn, ¼ Side**

1-2            Cross Left over Right, Point Right to side  
3-4            Step Right behind Left, point Left to Side  
5-6            Step back on left, start turning 3/8 right stepping forward  
7-8            ¼ turn large step left side, drag right towards left (6:00)

**[1-8] R Sailor, L Sailor, Kick, Cross, Touch, Kick, Out Out**

1&2            Right Sailor Step  
3&4            Left Sailor Step  
5&6            Kick Right over Left, Cross, Tap left behind right  
&7&8          Step back on L, Kick Right Forward, Step Right out, Left out (hip width apart)\*\*

**\*\*\*\*Restart Wall 3, facing 6oc**

**[1-8] Swivel Heel, Toe, ¼ Turn, Hitch, Reverse Rocking Chair, Full Turn Back**

1&2            Swivel right foot towards left, Heel Toe, as you swivel heel, make ¼ Hitch Right (9:00)  
3-4            Rock Back on Right, Recover  
5-6            Rock Forward on Right Recover  
7-8            ½ right step forward right, ½ right step back left (9:00)

**[1-8] Rock Back, Flick, Shuffle, Pivot ½, ¼ Drag**

1-2            Rock Back Right, Recover and flick right Back

3&4

Right Shuffle Forward

5-6

Step forward Left, pivot  $\frac{1}{2}$  Turn Right

7-8

$\frac{1}{4}$  Turn Right stepping Left, Drag right to left and flick right behind (6:00)

**Enjoy!**

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