

Better

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - October 2024
音乐: Better - Lewis Thompson & Ebenezer



Music Available on Spotify/YouTube Music/Apple Music/Amazon Music

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Cross, Side Rock, Cross-Touch-Recover, Side, Cross-Touch-Recover

1 2 3 Cross R over L, Rock L to the side, Replace weight on R
4&5 Cross L over R, Tap R toes behind L, Replace/step back on R
6 Step L to the side
7&8 Cross R over L, Tap L toes behind R, Replace/step back on L

[S2] Rolling Vine R into Side Rock-Cross, 1/4R Step-Lock-Step-1/4R w/ Sweep, Cross

1 2 Make a ¼ turn right stepping forward on R, Make a ½ turn right stepping back on L (9:00)
3&4 Make a ¼ turn right stepping/ rock R to the side (12:00), Replace weight on L, Cross R over L
5&6 Make a ¼ turn right stepping back on L (3:00), Lock R over L, Step back on L
7 8 Make a ¼ turn right stepping R to the side and sweeping L around, Cross L over R

[S3] Side Shuffle, Behind, Kick, Behind, 1/4L, Step-Pivot 1/2L-

1&2 Step R to the side, Step L close, Step R to the side
3 4 Step L behind R, Kick R diagonally right forward
5 6 Step R behind L, Make ¼ turn left stepping forward on L (3:00)
7 8 Step forward on R, Make a ½ turn left recover weight on L (9:00)

[S4] -Step-1/2L, Back-Point, 1/4R-1/4R (Diagonal), Cross-Back-Cross-Back

1 2 Step forward on R, Make a ½ turn left weight ends on R (3:00)
3 4 Step back on L, Point R to the side
5 6 Step down on R making a ¼ turn right (6:00), Make a further ¼ turn right stepping diagonally back on L (9:00)

-Restart here on Wall 4

7& Moving backwards towards the left – Cross R over L, Step back on L
8& Moving backwards towards the left – Cross R over L, Step back on L

TAG: 2 counts Tag at the end of Wall 3 (3:00)- Cross Rock

1 2 Rock R over L, Replace weight on L

Restart on Wall 4 count 30 (12:00)

(updated: 29/Sept/24)