

Look Around You

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Kathy Brown (USA) - September 2024
音乐: Look Around You (with Maggie Rose) - The Mavericks
或: Hard Livin' - Chris Stapleton



(no tags/restarts)

Intro: 16ct. (for both songs)

RIGHT SIDE, LEFT BEHIND, LEFT CROSSING SHUFFLE, RIGHT SIDE SHUFFLE, LEFT ROCK, RECOVER

1-2 Step right to side, step left behind right
&3&4 Step right to side, cross left over right, step right to side, cross left over right
5&6 Step right to side, step left next to right, step right to side
7-8 Rock back left, recover right

LEFT HEEL BALL CROSS X2, RIGHT HEEL JACK

1&2 Left heel tap, step left to center, cross right over left
3&4 Left heel tap, step left to center, cross right over left
5-6 Step left to side, step right behind left
&7&8 Step left slight back, tap right heel forward at right angle, step right to center, cross left over right

RIGHT HEEL GRIND 1/4 RIGHT, RIGHT COASTER, LEFT HEEL GRIND 1/4 LEFT, LEFT COASTER

1-2 Tap right heel, grind right turning 1/4 right
3&4 Step right back, step left back, step right forward
5-6 Tap left heel, grind left turning 1/4 left
7&8 Step left back, step right back, step left forward

WALK FORWARD RIGHT, LEFT, PIVOT 1/4 LEFT WITH RIGHT CROSS OVER, POINT LEFT, POINT RIGHT, RIGHT BACK, LEFT HEEL TAP, LEFT HEEL TO CENTER, TOUCH RIGHT

1-2 Walk forward right, left
3&4 Step right forward, pivot 1/4 left, cross right over left
5&6 Point left to side (leaning right shoulder right), step left to center, point right to side (leaning left shoulder to left)
&7&8 Step right back (leaning body slightly back), tap left heel forward, step left to center, touch right next to left