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Wolf (DE) - July 2024

音乐: Cero (feat. Namayana Women's Choir) - Alvaro Soler



Part 1 Walk - Walk - Shuffle fwd - 1/8 Paddle - 1/8 Paddle - 1/8 Paddle - 1/8 Pick

1 2 LF Step fwd - RF Step fed

3&4 LF Step fwd - RF close or lock to LF - LF Step fwd

5 6 1/8 turn to left on LF and touch with RF - 1/8 turn to left on LF and touch with RF

7 8 1/8 turn to left on LF and touch with RF - 1/8 turn to left on LF and Flick RF

Part 2 Cross Step - Point - Cross Step - Point - 1/4 Jazz Box with Pointed ending

1 2 RF cross over LF - LF point to side 3 4 LF cross over RF - RF point to side

*Option: instead of Cross point you can do Samba Steps 1&2 3&4

*5 6 RF cross over LF - 1/8 turn to right and LF back *7 8 1/8 turn to right and RF to side - LF point to side

Part 3 Hip sway - Hip sway - Skate - Skate - Skate - Hold

1 2	Sway your Hips to left an snap on 2
3 4	Sway your Hips to right an snap on 4

5 6 Skate with LF slightly fwd - Skate with RF slightly fwd

7 8 Skate with LF slightly fwd - Clap on 8

Part 4 Skate - Skate - Skate - Hold - Cross Rock Recover - Cross Rock Recover

1 2 Skate with RF slightly fwd - Skate with LF slightly fwd

3 4 Skate with RF slightly fwd - Clap twice
5 6 LF point cross over RF - LF to side
7 8 RF point cross over LF - RF to side

*Option:

*5&6 LF Cross over RF - Recover to RF - LF to side *7&8 RF Cross over LF - Recover to LF - RF to side

Tag after Wall 5 - Counting 1 2 Hip sway left right

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Tag after Wall 8 - Counting 1234 Hip sway left right left right

Ending: Dont turn the Jazzbox and clap