

All Rise

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Yuliswandarini (INA) - September 2024
音乐: All Rise - Blue



Start dance after intro lyric 32 counts

Restart on wall 4 after 8 count

S1# TOUCH RF TO SIDE WITH HIP BUMP UP, DOWN, UP – BEHIND SIDE CROSS (R/L)

1&2 Touch Rf to side with hip bump (R-L-R)
3&4 Cross Rf behind Lf, step Lf to side, cross Rf over Lf
5&6 Touch Lf to side with hip bump up (L-R-L)
7&8 Cross Lf behind RF, step Rf to side, cross Lf over Rf

#S2. ROCK FORWARD - 1/2 TURN R - FORWARD - FORWARD LOCK SHUFFLE - SCISSOR STEP (R-L)

1&2 Rock Rf Forward Recover On L, 1/2 Turn R, step Rf forward
3&4 Step Lf forward – step Rf behind Lf – Step Lf forward
5&6 Step Rf to side, close Lf beside Rf Cross Rf over Lf
7&8 step Lf to side, close RF beside Lf Cross Lf over Rf

#S3. FORWARD - TURN 1/4 L - SYNCOPATED WEAVE - CROSS SHUFFLE - BACK - CLOSE - ROCK FORWARD - CLOSE

1& Step Rf forward, turn 1/4 L,
2&3& Cross Rf over Lf, Step Lf to side, Cross Rf behind Lf, Step Lf to side
4&5 Cross Rf over Lf, Step Lf beside Rf, Cross Rf over Lf
&6 Step Lf in place, step Rf back close beside Lf
7&8 Rock Lf Forward, Recover on Rf, close Lf beside Rf

#S4. FORWARD - PIVOT 1/2 TURN (L-R) - SIDE MAMBO (R-L)

1&2 Step Rf forward, 1/2 Turn L, step Lf in place, Step Rf forward
3&4 Step Lf forward, 1/2 Turn R, Step Rf in place, Step Lf forward
5&6 Rock Rf to side, Recover on Lf, Close Rf beside Lf
7&8 Rock Lf to side, Recover on Rf, Close Lf beside Rf

Enjoy the dance and have fun☐☐