

Nha Terra

拍数: 32 墙数: 4 级数: Improver
编舞者: Marlon Ronkes (NL) & Romain Brasme (FR) - September 2024
音乐: Nha Terra - Soraia Ramos



Intro: 40 counts, start at approx 20 secs

SEC 1 Out, Out, Diagonale Shuffle, Out, Out, Diagonale Shuffle

1-2 Step right to right, step left to left

Arms: Flick hands down to right side, flick hands down to left side

3&4 Step right to right diagonal, step left beside right, step right to right diagonal

Arms: Flick hands up to right diagonal x2

5-6 Step left to left, step right to right

Arms: Flick hands down to left side, flick hands down to right side

7&8 Step left to left diagonal, step right beside left, step left to left diagonal

Arms: Flick hands up to right diagonal x2

SEC 2 1/8 Rocking Chair, Step, 1/2 Pivot, Step, 3/8 Pivot

1-2 Turn 1/8 left rock right forward, recover weight onto left (10:30)

3-4 Rock right back, recover weight onto left

5-6 Step right forward, pivot 1/2 left transferring weight on to left (4:30)

7-8 Step right forward, pivot 3/8 left transferring weight on to left (12:00)

SEC 3 Heel Dig x2, Heel Side x2, Heel Dig, Heel Side, 1/4 Sailor

1-2 Touch right heel forward, touch right heel forward

3-4 Touch right heel to right, touch right heel to right

5-6 Touch right heel forward, touch right heel to right

7&8 Turn 1/4 right step right behind left, step left to left, step right forward (3:00)

SEC 4 Full Volta Turn, Extended Side Shuffle, Together

1& Turn 1/4 left cross left over right, step right beside left (12:00)

2& Turn 1/4 left cross left over right, step right beside left (9:00)

3& Turn 1/4 left cross left over right, step right beside left (6:00)

4 Turn 1/4 left cross left over right (3:00)

5&6& Step right to right, step left beside right, step right to right, step left beside right

7-8 Step right to right, step left beside right

***Note:**

On walls 3, 6 and 9, touch left beside right on count 8 then dance the tag

Tag At the end of walls 3, 6 and 9

Walk x3, Touch, Back x3, Together

1-2 Step left forward, step right forward

3-4 Step left forward, touch right beside left

Arms: Raise both arms up in front of body over 4 counts

5-6 Step right back, step left back

7-8 Step right back, step left beside right

Arms: Lower arms over 4 counts

**Follow us on Facebook
MARLON & ROMAIN**