

# Nha Terra

拍数: 32                      墙数: 4                      级数: Improver  
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音乐: Nha Terra - Soraia Ramos



**Intro: 40 counts, start at approx 20 secs**

## **SEC 1 Out, Out, Diagonale Shuffle, Out, Out, Diagonale Shuffle**

1-2                      Step right to right, step left to left

**Arms: Flick hands down to right side, flick hands down to left side**

3&4                      Step right to right diagonal, step left beside right, step right to right diagonal

**Arms: Flick hands up to right diagonal x2**

5-6                      Step left to left, step right to right

**Arms: Flick hands down to left side, flick hands down to right side**

7&8                      Step left to left diagonal, step right beside left, step left to left diagonal

**Arms: Flick hands up to right diagonal x2**

## **SEC 2 1/8 Rocking Chair, Step, 1/2 Pivot, Step, 3/8 Pivot**

1-2                      Turn 1/8 left rock right forward, recover weight onto left (10:30)

3-4                      Rock right back, recover weight onto left

5-6                      Step right forward, pivot 1/2 left transferring weight on to left (4:30)

7-8                      Step right forward, pivot 3/8 left transferring weight on to left (12:00)

## **SEC 3 Heel Dig x2, Heel Side x2, Heel Dig, Heel Side, 1/4 Sailor**

1-2                      Touch right heel forward, touch right heel forward

3-4                      Touch right heel to right, touch right heel to right

5-6                      Touch right heel forward, touch right heel to right

7&8                      Turn 1/4 right step right behind left, step left to left, step right forward (3:00)

## **SEC 4 Full Volta Turn, Extended Side Shuffle, Together**

1&                      Turn 1/4 left cross left over right, step right beside left (12:00)

2&                      Turn 1/4 left cross left over right, step right beside left (9:00)

3&                      Turn 1/4 left cross left over right, step right beside left (6:00)

4                      Turn 1/4 left cross left over right (3:00)

5&6&                      Step right to right, step left beside right, step right to right, step left beside right

7-8                      Step right to right, step left beside right

### **\*Note:**

**On walls 3, 6 and 9, touch left beside right on count 8 then dance the tag**

**Tag At the end of walls 3, 6 and 9**

**Walk x3, Touch, Back x3, Together**

1-2                      Step left forward, step right forward

3-4                      Step left forward, touch right beside left

**Arms: Raise both arms up in front of body over 4 counts**

5-6                      Step right back, step left back

7-8                      Step right back, step left beside right

**Arms: Lower arms over 4 counts**

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