

Big Red Balloon

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Rachael McEnaney (USA) - June 2024
音乐: Big Red Balloon (From The Bill & Ted Face The Music Soundtrack) - Alec Wigdahl



Count In: Dance begins 48 counts from the start of the track

Notes: 1 restart during 5th wall after 32 counts

[1 - 8] R CROSS, L SIDE, R BEHIND, L SIDE, R CROSS WITH L SWEEP, L CROSS, 1/4 L BACK R, L SIDE

1 2 3 4 Cross R over L [1] Step L to left [2] Cross R behind L [3] Step L to left side [4] 12:00

5 6 Cross R over L as you sweep L from back to front [5] Cross L over R [6] 12:00

7 8 Make 1/4 turn left stepping R back [7] Step L to left side [8] 9:00

[9 - 16] R CROSS ROCK, R SIDE, L CROSS ROCK, ROLLING VINE L

1 2 3 4 5 Cross rock R over L [1] Recover weight L [2] Step R to right [3] Cross rock L over R [4] Recover weight R [5] 9:00

6 7 8 Make 1/4 turn left stepping L forward [6] Make 1/2 turn left stepping R back [7] Make 1/4 turn left stepping L to left [8] 9:00

[17 - 24] R CROSS, HOLD, L SIDE, R HEEL, HOLD, R CLOSE, L ROCK FWD, L COASTER STEP

1 2 & 3 4 Cross R over L [1] Hold [2] Step L to left side [&] Touch R heel to right diagonal [3] Hold [4] (body facing 10.30) 10:30

& 5 6 Step R next to L [&] Rock L forward [5] Recover weight R [6] 10:30

7 & 8 Step L back [7] Step R next to L [&] Step L forward [8] 10:30

[25 - 32] HIP BUMPS FORWARD R, HIP BUMPS FORWARD L, 2X PIVOT TURNS MAKING 3/8 TURN LEFT (ROLL HIPS)

1 & 2 Touch R forward bumping hips forward [1] Bump hips back [&] Transfer weight R as you bump hips forward [2] 10:30

3 & 4 Touch L forward bumping hips forward [3] Bump hips back [&] Transfer weight L as you bump hips forward [4] 10:30

5 6 7 8 Step R forward [5] Pivot 1/8 turn left (weight ends L) [6] Step R forward [7] Pivot 1/4 turn left (weight ends L) [8] Add some styling to these pivot turns by rolling your hips 6:00

RESTART 5th wall begins facing 12.00 - dance up to count 32 and then restart facing 6:00 6:00

[33 - 40] R CROSS, L KICK, L BEHIND, R SIDE, L CROSS, R KICK, R BEHIND, 1/4 TURN L

1 2 3 4 Cross R over L [1] Kick L to left diagonal [2] Cross L behind R [3] Step R to right side [4] 6:00

5 6 7 8 Cross L over R [5] Kick R to right diagonal [6] Cross R behind L [7] Make 1/4 turn left stepping L forward [8] 3:00

[41 - 48] CAMEL WALK R-L, R FORWARD ROCK, OUT-OUT R-L, 3X HIP BUMPS (OR HIP ROLL/OTHER)

1 2 Step R forward as you slide L to R popping L knee forward [1] Step L forward as you slide R to L popping R knee forward [1] 3:00

3 4 Rock R forward [3] Recover weight L [4] 3:00

& 5 Step R to right side slightly back [&] Step L to left side (feet shoulder width apart) [5] 3:00

6 7 8 Bump hips L [6] Bump hips R [7] Bump hips L [8]

Options: instead of 3 bumps you could also style it with a big hip circle left, or hip shakes - whatever you feel :-) 3:00

START AGAIN ☺ HAVE FUN