

Lights Out

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sue Korek (USA) - 28 September 2024
音乐: Lights Out - Lisa Marie Presley
或: Electricity - Eloise Viola



Alternate Music:
Electricity (Eloise Viola—2023) bpm=123, Intro: 16 counts

No tags or restarts
Introduction: 16 counts
Turns: Two left ¼ turns per 32-counts

SECTION 1 (ROCK STEP, SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT)

1-2 Rock R across L, recover L
3&4 Step R right side, shuffle L beside R, step R right side
5-6 Rock L across R, recover R
7&8 Step L left side, shuffle R beside L, step L left side

SECTION 2 (VINE RIGHT, TWO TOE FANS)

1-2 Step R to right side, step L behind R
3-4 Step R to right side, lightly step L beside R
5-6 Turn L ¼ left, turn L ¼ beside R
7-8 Turn L ¼ left, step L ¼ beside R

SECTION 3 (VINE LEFT ¼ TURN, TWO TOE FANS)

1-2 Step L to left side, step R behind L
3-4 Turn ¼ left L, lightly step R beside L
5-6 Turn R ¼ right, turn R ¼ beside L
7-8 Turn R ¼ right, step R ¼ beside L

SECTION 4 (RIGHT MAMBO, LEFT MAMBO, PIVOT ¼ TURN LEFT)

1&2 Rock R to right, recover on L, step R beside L
3&4 Rock L to left, recover on R, step L beside R
5-6 Step R forward, pivot 1/4 turn L left
7-8 Step R beside L, step L beside right

This dance provides a good mix of Beginner steps for students!

Please consider creating a Teach or Demo video.

Contact: suekorek@gmail.com

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