

La Rizos

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: La Rizos - David Deseo & Barroso



I. MODIFIED MAMBO STEP

1&2 1/8 turn left Cross R over L , recover on L , Step R back (10.30)
3&4 Step L back , recover on R , 1/8 turn left Step L fwd (9.00)
5&6 1/8 turn left Cross R over L , recover on L , Step R back (7.30)
7&8 Step L back , recover on R , 1/8 turn left step L fwd (6.00)

II. HEEL GRIND , COASTER STEP , ROCK FWD , SWEEP , BEHIND SIDE CROSS

1-2 Heel in , out , on R
3&4 Step R back , Close L to R , Step R fwd
5-6 Rock L fwd , recover on R with sweep L
7&8 Cross L behind R , Step R to side , Cross L over R

III. STEP SIDE TOGETHER , CHASSE , (R-L)

1-2 Step R to side , Close L to R
3&4 Step R to side , Close L to R , Step R to side
5-6 Step L to side , Close R to L
7&8 Step L to side , Close R to L , 1/4 turn left Step L fwd

IV. ROCK FWD , CHASSE 1/2 TURN RIGHT , PIVOT 1 /2 TURN RIGHT , SHUFFLE FWD

1-2 Rock R fwd , recover on L
3&4 1/4 turn right step R to side , Close L to R , 1/4 turn right step R fwd
5-6 Step L fwd , 1/2 turn right step R fwd
7&8 Step L fwd , Close R to L , Step L fwd

#TAG : Ending Wall 7

Body Roll , Stomp R-L

1-2 Step R fwd with body Roll
3-4 Stomp on R - L
